

SK≡PTIKO
science & spirituality

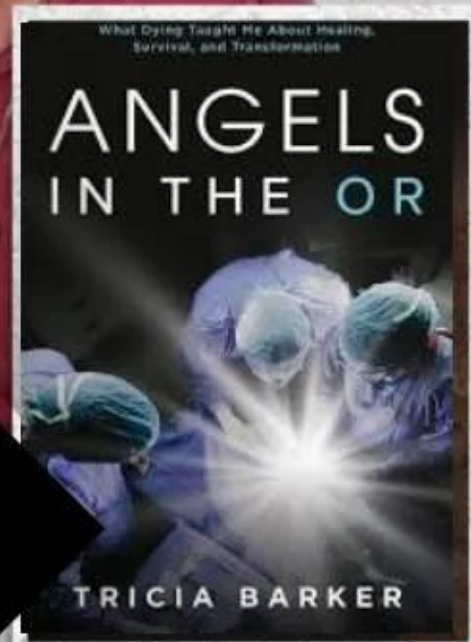
#469

**LIFE
AFTER NDE
AIN'T EASY**



FEATURING

TRICIA BARKER



1
00:00:06,150 --> 00:00:03,110
she is the perfect example of these

2
00:00:11,030 --> 00:00:06,160
humans and

3
00:00:14,910 --> 00:00:11,040
i'm worthy of your sympathy in every way

4
00:00:18,470 --> 00:00:14,920
destroy her diana i wish we have more

5
00:00:27,349 --> 00:00:23,029
i love you they're everything you say

6
00:00:30,790 --> 00:00:29,429
that's from the movie wonder woman and i

7
00:00:31,429 --> 00:00:30,800
think we have somewhat of a wonder woman

8
00:00:34,229 --> 00:00:31,439
today

9
00:00:35,750 --> 00:00:34,239
trisha barker has an amazing near-death

10
00:00:38,150 --> 00:00:35,760
experience to talk about

11
00:00:39,670 --> 00:00:38,160
but she has so much more to talk about

12
00:00:43,510 --> 00:00:39,680
this is one of those

13
00:00:47,590 --> 00:00:43,520

non-linear level three conversations

14

00:00:49,830 --> 00:00:47,600

that i so so enjoy and i saw

15

00:00:51,029 --> 00:00:49,840

quickly after that moment and this life

16

00:00:53,110 --> 00:00:51,039

review

17

00:00:55,350 --> 00:00:53,120

how the things that mattered the most is

18

00:00:58,069 --> 00:00:55,360

when i was peaceful and happy in nature

19

00:00:59,189 --> 00:00:58,079

when i was kind to others and the thing

20

00:01:01,510 --> 00:00:59,199

that i needed to

21

00:01:03,590 --> 00:01:01,520

change were exactly those moments the

22

00:01:05,750 --> 00:01:03,600

people that i worked with who i judged

23

00:01:06,950 --> 00:01:05,760

who actually went home and prayed for me

24

00:01:09,590 --> 00:01:06,960

they were catholic

25

00:01:11,510 --> 00:01:09,600

and they just included me in their

26
00:01:12,070 --> 00:01:11,520
prayers and i thought wow their hearts

27
00:01:14,390 --> 00:01:12,080
are really

28
00:01:16,070 --> 00:01:14,400
lovely they're just beautiful people and

29
00:01:18,149 --> 00:01:16,080
it doesn't matter who they are like look

30
00:01:20,469 --> 00:01:18,159
into the hearts of people

31
00:01:22,149 --> 00:01:20,479
and create a kind environment wherever

32
00:01:24,390 --> 00:01:22,159
you go like that may be the most

33
00:01:26,149 --> 00:01:24,400
important thing we do wherever our work

34
00:01:28,789 --> 00:01:26,159
wherever our feet hit the ground

35
00:01:30,230 --> 00:01:28,799
if we're kind to people around us then

36
00:01:33,190 --> 00:01:30,240
life is going to work

37
00:01:34,230 --> 00:01:33,200
better and i did not want to leave

38
00:01:36,390 --> 00:01:34,240

that's when i was like

39

00:01:38,390 --> 00:01:36,400

oh that broken body on that operating

40

00:01:39,990 --> 00:01:38,400

table why don't we forget about that and

41

00:01:42,789 --> 00:01:40,000

why don't i stay here where i can

42

00:01:44,389 --> 00:01:42,799

feel good this voice said look down

43

00:01:46,149 --> 00:01:44,399

showed me a river

44

00:01:48,389 --> 00:01:46,159

and all these souls were covered with

45

00:01:51,429 --> 00:01:48,399

either light or darkness

46

00:01:54,149 --> 00:01:51,439

and i knew this to be fear

47

00:01:56,069 --> 00:01:54,159

the darkness was fear the light was just

48

00:01:58,469 --> 00:01:56,079

a consciousness that was connected to

49

00:02:00,230 --> 00:01:58,479

god so we either walk around in fear

50

00:02:01,990 --> 00:02:00,240

or we walk around connected to god it

51
00:02:03,190 --> 00:02:02,000
seemed very simple as if i could tell

52
00:02:05,030 --> 00:02:03,200
all the people who

53
00:02:07,990 --> 00:02:05,040
had darkness around them hey just

54
00:02:11,350 --> 00:02:08,000
connect to god it's that simple

55
00:02:13,030 --> 00:02:11,360
yeah so i didn't really want to go here

56
00:02:15,670 --> 00:02:13,040
but i guess i'll go here

57
00:02:17,750 --> 00:02:15,680
you know we're we live in a porn

58
00:02:18,390 --> 00:02:17,760
saturated environment and little kids

59
00:02:20,630 --> 00:02:18,400
are seeing

60
00:02:22,229 --> 00:02:20,640
violence as their first exposure

61
00:02:23,430 --> 00:02:22,239
violence against women is their first

62
00:02:26,630 --> 00:02:23,440
exposure to porn

63
00:02:27,910 --> 00:02:26,640

does porn cause rape no but does a

64

00:02:31,589 --> 00:02:27,920

saturation of it

65

00:02:34,309 --> 00:02:31,599

people see people

66

00:02:34,869 --> 00:02:34,319

as objects yes and so it's dehumanizing

67

00:02:36,630 --> 00:02:34,879

so

68

00:02:38,790 --> 00:02:36,640

do asian men get most of their

69

00:02:42,309 --> 00:02:38,800

pornography from the united states yes

70

00:02:44,309 --> 00:02:42,319

yes they do um are we are we not having

71

00:02:46,710 --> 00:02:44,319

enough conversations about what

72

00:02:48,070 --> 00:02:46,720

pornography is doing to the brain you

73

00:02:49,990 --> 00:02:48,080

know i think there's a lot of men who

74

00:02:52,630 --> 00:02:50,000

want to talk about it who want to say i

75

00:02:53,589 --> 00:02:52,640

want away from it to a degree i want a

76

00:02:57,350 --> 00:02:53,599

real

77

00:03:00,149 --> 00:02:57,360

open tantric experience with a woman

78

00:03:01,830 --> 00:03:00,159

i don't want to end up using virtual

79

00:03:04,470 --> 00:03:01,840

reality for the rest of my life and

80

00:03:06,390 --> 00:03:04,480

having sex with a screen welcome to

81

00:03:08,070 --> 00:03:06,400

skeptico where we explore controversial

82

00:03:10,550 --> 00:03:08,080

science and spirituality

83

00:03:12,949 --> 00:03:10,560

with leading researchers thinkers and

84

00:03:15,750 --> 00:03:12,959

their critics i'm your host alex sacaris

85

00:03:19,030 --> 00:03:15,760

and today we welcome trisha barker to

86

00:03:22,470 --> 00:03:19,040

skeptico tricia is the author of

87

00:03:25,430 --> 00:03:22,480

angels in the o.r what dying taught me

88

00:03:27,190 --> 00:03:25,440

about healing survival and

89

00:03:30,309 --> 00:03:27,200

transformation

90

00:03:33,030 --> 00:03:30,319

and the book tells a really rather

91

00:03:36,710 --> 00:03:33,040

remarkable story a horrific story

92

00:03:38,789 --> 00:03:36,720

about trish's near-death experience

93

00:03:40,470 --> 00:03:38,799

but i guess more importantly how that

94

00:03:42,869 --> 00:03:40,480

led her to

95

00:03:44,390 --> 00:03:42,879

her teaching mission about spiritual

96

00:03:48,390 --> 00:03:44,400

transformation

97

00:03:48,789 --> 00:03:48,400

healing and all sorts of other stuff you

98

00:03:51,990 --> 00:03:48,799

learn

99

00:03:53,429 --> 00:03:52,000

when you talk to more highly evolved

100

00:03:55,350 --> 00:03:53,439

beings

101
00:03:57,509 --> 00:03:55,360
so you know the other thing i really

102
00:04:01,750 --> 00:03:57,519
appreciate about trisha

103
00:04:04,869 --> 00:04:01,760
is it's a book not only about

104
00:04:06,949 --> 00:04:04,879
that experience but about

105
00:04:08,710 --> 00:04:06,959
the trauma that sometimes comes with

106
00:04:11,190 --> 00:04:08,720
life after

107
00:04:12,309 --> 00:04:11,200
a spiritually transformative experience

108
00:04:13,350 --> 00:04:12,319
and that's something a lot of people

109
00:04:15,990 --> 00:04:13,360
don't talk about

110
00:04:17,509 --> 00:04:16,000
they a lot of times i think uh people in

111
00:04:20,870 --> 00:04:17,519
the nde community

112
00:04:21,509 --> 00:04:20,880
leave the impression that it's all fixed

113
00:04:24,950 --> 00:04:21,519

it's all

114

00:04:28,390 --> 00:04:24,960

healed but that nothing

115

00:04:31,430 --> 00:04:28,400

bad will ever happen again and

116

00:04:34,870 --> 00:04:31,440

trisha's story is a larger story about

117

00:04:38,629 --> 00:04:34,880

overcoming trauma and maintaining

118

00:04:41,510 --> 00:04:38,639

a perspective that is

119

00:04:41,990 --> 00:04:41,520

enlightening uplifting and empowering

120

00:04:44,790 --> 00:04:42,000

beyond

121

00:04:46,870 --> 00:04:44,800

that so hey it's fantastic to have her

122

00:04:49,990 --> 00:04:46,880

on tricia is a very sought-after

123

00:04:50,710 --> 00:04:50,000

speaker on these topics she's created

124

00:04:54,830 --> 00:04:50,720

this rather

125

00:04:57,430 --> 00:04:54,840

amazing thing called the nde

126

00:05:00,710 --> 00:04:57,440

summit where she has

127

00:05:02,310 --> 00:05:00,720

all these terrific speakers she did had

128

00:05:04,870 --> 00:05:02,320

to do it virtually

129

00:05:07,430 --> 00:05:04,880

this year of course but a lot of these

130

00:05:10,070 --> 00:05:07,440

folks you will recognize from skeptico

131

00:05:13,590 --> 00:05:10,080

we've interviewed all those folks

132

00:05:16,469 --> 00:05:13,600

most of those two of those folks so

133

00:05:17,350 --> 00:05:16,479

a couple of those folks anyways she is a

134

00:05:20,070 --> 00:05:17,360

real

135

00:05:20,550 --> 00:05:20,080

mover and shaker in the nde world so

136

00:05:23,670 --> 00:05:20,560

trish

137

00:05:26,550 --> 00:05:23,680

it's awesome to have you here

138

00:05:27,270 --> 00:05:26,560

thanks so much for joining me oh thanks

139

00:05:29,909 --> 00:05:27,280

alex

140

00:05:31,110 --> 00:05:29,919

i really appreciate the introduction and

141

00:05:33,110 --> 00:05:31,120

yeah a lot of

142

00:05:35,749 --> 00:05:33,120

near-death experiencers who have their

143

00:05:38,070 --> 00:05:35,759

experiences when they're 15 or 22

144

00:05:40,469 --> 00:05:38,080

still have a long life to live you know

145

00:05:41,909 --> 00:05:40,479

so they are going to encounter struggle

146

00:05:43,830 --> 00:05:41,919

and they're younger and they're making

147

00:05:46,390 --> 00:05:43,840

their way in this world so

148

00:05:47,270 --> 00:05:46,400

that struggle resonates with younger in

149

00:05:48,790 --> 00:05:47,280

the ears

150

00:05:50,629 --> 00:05:48,800

you know the ones who have it later in

151

00:05:51,990 --> 00:05:50,639

life maybe incorporate it a little bit

152

00:05:55,189 --> 00:05:52,000

differently because they're set in their

153

00:05:56,070 --> 00:05:55,199

careers and that kind of thing huh well

154

00:05:57,909 --> 00:05:56,080

i think that's

155

00:05:59,350 --> 00:05:57,919

brings up a whole interesting set of

156

00:06:01,189 --> 00:05:59,360

topics you know and

157

00:06:02,550 --> 00:06:01,199

but first of all i have to say i am glad

158

00:06:05,110 --> 00:06:02,560

we're having this conversation because i

159

00:06:08,150 --> 00:06:05,120

really thought that maybe i had

160

00:06:10,150 --> 00:06:08,160

scared you off with the skeptico because

161

00:06:13,430 --> 00:06:10,160

this is a show

162

00:06:16,070 --> 00:06:13,440

about inquiry to perpetuate doubt

163

00:06:17,909 --> 00:06:16,080

and i hold to that i think doubt is a

164

00:06:20,309 --> 00:06:17,919

very spiritual thing

165

00:06:21,350 --> 00:06:20,319

and when i hear anyone including indy

166

00:06:24,950 --> 00:06:21,360

ears

167

00:06:28,710 --> 00:06:24,960

who have this degree of certainty

168

00:06:30,469 --> 00:06:28,720

about their experience i am immediately

169

00:06:32,070 --> 00:06:30,479

leery because i just want to say

170

00:06:33,909 --> 00:06:32,080

you know i've talked to a lot of people

171

00:06:35,670 --> 00:06:33,919

at this point and there's a lot of

172

00:06:37,110 --> 00:06:35,680

contradictions out there that are

173

00:06:39,909 --> 00:06:37,120

impossible

174

00:06:41,510 --> 00:06:39,919

to all resolve so i think we all have to

175

00:06:44,390 --> 00:06:41,520

be

176
00:06:45,510 --> 00:06:44,400
humbly hold this stuff gently as we try

177
00:06:49,029 --> 00:06:45,520
to figure it out

178
00:06:51,350 --> 00:06:49,039
in a in this kind of mode of

179
00:06:52,870 --> 00:06:51,360
doubting you know and and and the only

180
00:06:54,150 --> 00:06:52,880
people i hear who don't doubt i always

181
00:06:55,909 --> 00:06:54,160
tell this story you know like

182
00:06:57,510 --> 00:06:55,919
the last person i remember and i told

183
00:06:59,589 --> 00:06:57,520
them

184
00:07:00,710 --> 00:06:59,599
this is a woman who she's in ramtha you

185
00:07:03,909 --> 00:07:00,720
know the cult

186
00:07:05,589 --> 00:07:03,919
the the romticol and uh but super sweet

187
00:07:06,950 --> 00:07:05,599
woman and we're talking about this book

188
00:07:07,909 --> 00:07:06,960

she had written which i thought was nice

189

00:07:10,469 --> 00:07:07,919

and i was just

190

00:07:12,070 --> 00:07:10,479

i i like people even people i don't

191

00:07:14,150 --> 00:07:12,080

necessarily agree with

192

00:07:15,430 --> 00:07:14,160

and that was telling her about skeptico

193

00:07:15,990 --> 00:07:15,440

and i said you know the ethos of the

194

00:07:18,390 --> 00:07:16,000

show is

195

00:07:20,390 --> 00:07:18,400

inquiry to perpetuate doubt she

196

00:07:23,029 --> 00:07:20,400

immediately interrupted me she goes no

197

00:07:23,990 --> 00:07:23,039

i have no doubt there is no doubt i have

198

00:07:25,430 --> 00:07:24,000

no doubt

199

00:07:28,629 --> 00:07:25,440

and i go yeah cause you're in a freaking

200

00:07:32,390 --> 00:07:28,639

cult of course you have no doubt

201
00:07:33,990 --> 00:07:32,400
right right well i i have to say that

202
00:07:35,670 --> 00:07:34,000
i'm excited to be on your show and

203
00:07:37,830 --> 00:07:35,680
excited to talk about this because i

204
00:07:39,909 --> 00:07:37,840
came back i think to talk to agnostics

205
00:07:40,710 --> 00:07:39,919
all my friends were agnostic before my

206
00:07:42,309 --> 00:07:40,720
experience

207
00:07:43,990 --> 00:07:42,319
you know i was very steeped in that

208
00:07:45,749 --> 00:07:44,000
culture and it's taken 25

209
00:07:47,189 --> 00:07:45,759
years to crack the mind of one of my

210
00:07:49,270 --> 00:07:47,199
friends just a tiny bit

211
00:07:50,309 --> 00:07:49,280
but when she read my book at the end of

212
00:07:52,629 --> 00:07:50,319
the day she

213
00:07:54,550 --> 00:07:52,639

sat back and said you know i've thought

214

00:07:56,070 --> 00:07:54,560

about what happens when we die and i've

215

00:07:58,629 --> 00:07:56,080

just thought about it with this kind of

216

00:08:01,350 --> 00:07:58,639

open-hearted open-minded

217

00:08:01,990 --> 00:08:01,360

perspective and so i love it that i was

218

00:08:05,749 --> 00:08:02,000

able to

219

00:08:09,110 --> 00:08:05,759

crack open her mind just a tad for me

220

00:08:10,150 --> 00:08:09,120

i see consciousness as greater outside

221

00:08:11,909 --> 00:08:10,160

of my brain

222

00:08:13,990 --> 00:08:11,919

so you know when i was in the near death

223

00:08:16,309 --> 00:08:14,000

experience i felt smarter

224

00:08:17,189 --> 00:08:16,319

i felt like i was learning more like i

225

00:08:18,950 --> 00:08:17,199

was being

226

00:08:20,550 --> 00:08:18,960

given these uploads and downloads

227

00:08:23,990 --> 00:08:20,560

whatever you want to call them you know

228

00:08:26,469 --> 00:08:24,000

at a high rate which gave me more

229

00:08:28,629 --> 00:08:26,479

knowing if if you will so i felt like

230

00:08:30,230 --> 00:08:28,639

the brain is a limiter of consciousness

231

00:08:31,749 --> 00:08:30,240

and that consciousness out there is and

232

00:08:35,110 --> 00:08:31,759

i'm sure you've heard that before is

233

00:08:35,509 --> 00:08:35,120

more expansive but this is my experience

234

00:08:37,909 --> 00:08:35,519

so

235

00:08:40,310 --> 00:08:37,919

i'm just asking people to walk a mile in

236

00:08:43,430 --> 00:08:40,320

my shoes i don't expect them to you know

237

00:08:44,949 --> 00:08:43,440

change everything yeah i don't expect

238

00:08:46,790 --> 00:08:44,959

anyone to change your views on anything

239

00:08:49,910 --> 00:08:46,800

and i'm certainly not

240

00:08:52,230 --> 00:08:49,920

uh agnostic on uh

241

00:08:53,990 --> 00:08:52,240

your view of consciousness as a matter

242

00:08:56,550 --> 00:08:54,000

of fact i feel like it's a

243

00:08:57,670 --> 00:08:56,560

hard-won battle that i've had to

244

00:09:00,949 --> 00:08:57,680

convince myself

245

00:09:02,870 --> 00:09:00,959

that consciousness is

246

00:09:05,190 --> 00:09:02,880

more expansive and there are these

247

00:09:07,590 --> 00:09:05,200

extended consciousness realms that

248

00:09:09,829 --> 00:09:07,600

near-death experiencers talk about but

249

00:09:12,150 --> 00:09:09,839

i'd go one step further i mean

250

00:09:13,590 --> 00:09:12,160

i'm very convinced by the evidence

251
00:09:16,150 --> 00:09:13,600
behind

252
00:09:17,910 --> 00:09:16,160
near-death experience science you know

253
00:09:19,430 --> 00:09:17,920
when we take it into the lab and we

254
00:09:20,710 --> 00:09:19,440
really look at the kind of work that's

255
00:09:24,150 --> 00:09:20,720
been done

256
00:09:26,150 --> 00:09:24,160
but that's still i mean that doesn't get

257
00:09:27,509 --> 00:09:26,160
to some of the fundamental questions

258
00:09:30,070 --> 00:09:27,519
like that you just

259
00:09:32,150 --> 00:09:30,080
were a lot of people wouldn't

260
00:09:35,190 --> 00:09:32,160
necessarily agree with your take

261
00:09:38,470 --> 00:09:35,200
on uh the integration

262
00:09:40,070 --> 00:09:38,480
problems that come with that so in order

263
00:09:42,470 --> 00:09:40,080

to get there i've kind of jumped ahead

264

00:09:46,150 --> 00:09:42,480

in the store we ought to back up

265

00:09:48,870 --> 00:09:46,160

and allow people to hear your story

266

00:09:50,470 --> 00:09:48,880

because it has so many interesting

267

00:09:53,509 --> 00:09:50,480

elements to it

268

00:09:56,710 --> 00:09:53,519

particularly regarding

269

00:09:58,389 --> 00:09:56,720

i love that the watch this healing

270

00:10:00,630 --> 00:09:58,399

aspect of it which i think is very

271

00:10:04,470 --> 00:10:00,640

unique and i think people will find uh

272

00:10:06,870 --> 00:10:04,480

interesting so tell us the nde story as

273

00:10:07,509 --> 00:10:06,880

if we we all love these andy e stories i

274

00:10:08,630 --> 00:10:07,519

used to

275

00:10:10,790 --> 00:10:08,640

you know when i first got into this i

276

00:10:12,630 --> 00:10:10,800

used to listen to or read

277

00:10:14,150 --> 00:10:12,640

one a day just because it's

278

00:10:15,910 --> 00:10:14,160

inspirational kind of like

279

00:10:17,990 --> 00:10:15,920

miracle stories you just have to

280

00:10:19,509 --> 00:10:18,000

reground yourself with all the crap

281

00:10:21,430 --> 00:10:19,519

that's out there by saying wait a minute

282

00:10:24,870 --> 00:10:21,440

there is something else i need to tune

283

00:10:26,630 --> 00:10:24,880

into so please go ahead yeah i think a

284

00:10:28,230 --> 00:10:26,640

lot of people feel like little children

285

00:10:30,389 --> 00:10:28,240

when they hear these stories they feel

286

00:10:32,310 --> 00:10:30,399

this joy or this excitement

287

00:10:33,430 --> 00:10:32,320

because it's a topic that gives us hope

288

00:10:35,590 --> 00:10:33,440

or gives us faith

289

00:10:37,269 --> 00:10:35,600

and i've seen so many people's faces

290

00:10:39,430 --> 00:10:37,279

light up when i randomly

291

00:10:41,990 --> 00:10:39,440

mention the story and end up telling it

292

00:10:42,630 --> 00:10:42,000

but i get a lot of healing from

293

00:10:44,790 --> 00:10:42,640

interviewing

294

00:10:46,389 --> 00:10:44,800

near-death experiences on my channel too

295

00:10:48,230 --> 00:10:46,399

and i didn't think i would

296

00:10:50,389 --> 00:10:48,240

but still just being seeped in that

297

00:10:52,389 --> 00:10:50,399

afterlife experience is wonderful but

298

00:10:53,269 --> 00:10:52,399

yeah so i was an agnostic college

299

00:10:56,949 --> 00:10:53,279

student

300

00:10:59,590 --> 00:10:56,959

had a major wreck and broke my back in

301
00:11:01,590 --> 00:10:59,600
t 10 11 and 12 these vertebrae were

302
00:11:03,509 --> 00:11:01,600
completely shattered bone fragments were

303
00:11:05,829 --> 00:11:03,519
pressing into my spine i found

304
00:11:07,509 --> 00:11:05,839
out when i got to the hospital i lost

305
00:11:08,949 --> 00:11:07,519
feeling in my left leg which was

306
00:11:11,590 --> 00:11:08,959
terrifying as a runner

307
00:11:12,470 --> 00:11:11,600
and an athletic person you know the

308
00:11:14,389 --> 00:11:12,480
thought of being

309
00:11:16,790 --> 00:11:14,399
in a wheelchair possibly it was

310
00:11:18,310 --> 00:11:16,800
horrifying i was all about the physical

311
00:11:19,990 --> 00:11:18,320
my grades you know was i going to be

312
00:11:22,630 --> 00:11:20,000
able to graduate

313
00:11:23,030 --> 00:11:22,640

what happened to my car my body i could

314

00:11:26,389 --> 00:11:23,040

care

315

00:11:27,590 --> 00:11:26,399

less about any afterlife experience i

316

00:11:28,069 --> 00:11:27,600

just didn't want to die i wanted to

317

00:11:31,269 --> 00:11:28,079

survive

318

00:11:32,550 --> 00:11:31,279

and walk that was my only concern going

319

00:11:35,430 --> 00:11:32,560

into surgery

320

00:11:37,190 --> 00:11:35,440

so when i signed that form that piece of

321

00:11:39,430 --> 00:11:37,200

paper that said 17

322

00:11:40,230 --> 00:11:39,440

chance of death i thought whatever i'm

323

00:11:42,870 --> 00:11:40,240

22

324

00:11:44,230 --> 00:11:42,880

i'm strong i'm a runner i'm not dying so

325

00:11:47,509 --> 00:11:44,240

you can imagine

326

00:11:49,030 --> 00:11:47,519

how shocked i was when at some point

327

00:11:52,069 --> 00:11:49,040

during the surgery they had to

328

00:11:55,269 --> 00:11:52,079

in the 90s they opened up the back

329

00:11:58,310 --> 00:11:55,279

and they took bone from the hip so

330

00:12:00,550 --> 00:11:58,320

they were placing the rods above where

331

00:12:01,910 --> 00:12:00,560

where the injury was and below so most

332

00:12:04,069 --> 00:12:01,920

of my back is fused

333

00:12:05,829 --> 00:12:04,079

i can't do some yoga poses you know like

334

00:12:08,310 --> 00:12:05,839

there's a a long rod

335

00:12:11,430 --> 00:12:08,320

running through my back so i lift it up

336

00:12:14,550 --> 00:12:11,440

and i saw how bloody this surgery was

337

00:12:15,990 --> 00:12:14,560

so there was just so much blood seeping

338

00:12:18,949 --> 00:12:16,000

out and that was my first thought

339

00:12:21,110 --> 00:12:18,959

when my out-of-body experience occurred

340

00:12:21,910 --> 00:12:21,120

when my spirit form left and i saw this

341

00:12:23,910 --> 00:12:21,920

body and never

342

00:12:25,509 --> 00:12:23,920

questioned was this a dream i was

343

00:12:27,350 --> 00:12:25,519

certain that i was seeing

344

00:12:29,509 --> 00:12:27,360

the surgeons certain that this is what

345

00:12:29,990 --> 00:12:29,519

was happening but what kind of blew my

346

00:12:32,710 --> 00:12:30,000

mind

347

00:12:34,069 --> 00:12:32,720

were the angelic presences behind the

348

00:12:36,550 --> 00:12:34,079

surgeons and they were about

349

00:12:37,590 --> 00:12:36,560

nine feet tall people always ask me what

350

00:12:41,190 --> 00:12:37,600

they look like

351

00:12:41,829 --> 00:12:41,200

androgynous highly intelligent i just

352

00:12:44,870 --> 00:12:41,839

called them

353

00:12:46,470 --> 00:12:44,880

light beings not really angels because i

354

00:12:48,389 --> 00:12:46,480

didn't know what to say

355

00:12:50,069 --> 00:12:48,399

about them other than they were highly

356

00:12:50,790 --> 00:12:50,079

intelligent and they had this healing

357

00:12:54,310 --> 00:12:50,800

power

358

00:12:56,069 --> 00:12:54,320

they put me completely at ease and

359

00:12:58,470 --> 00:12:56,079

they they were sending light into my

360

00:12:59,990 --> 00:12:58,480

spirit form which i believe was to help

361

00:13:03,190 --> 00:13:00,000

me adjust to this realm

362

00:13:04,069 --> 00:13:03,200

to make sense of okay now i'm my spirit

363

00:13:06,550 --> 00:13:04,079

self not

364

00:13:07,350 --> 00:13:06,560

just this physical body at one point

365

00:13:09,350 --> 00:13:07,360

they said

366

00:13:10,629 --> 00:13:09,360

watch this rather playfully which you

367

00:13:12,470 --> 00:13:10,639

mentioned and

368

00:13:14,310 --> 00:13:12,480

they sent this light through the back of

369

00:13:16,629 --> 00:13:14,320

the surgeons through their hands and it

370

00:13:19,670 --> 00:13:16,639

lit up my entire physical body

371

00:13:21,430 --> 00:13:19,680

and i knew i just knew that

372

00:13:23,750 --> 00:13:21,440

the surgeons would be able to pick out

373

00:13:26,310 --> 00:13:23,760

the bone fragments i'd walk i'd run

374

00:13:26,949 --> 00:13:26,320

i'd live a a longer life i wasn't going

375

00:13:29,750 --> 00:13:26,959

to die

376

00:13:31,509 --> 00:13:29,760

right there but the monitor flatlined

377

00:13:33,590 --> 00:13:31,519

and so i knew that sound

378

00:13:34,550 --> 00:13:33,600

and i knew that that meant oh the body's

379

00:13:36,389 --> 00:13:34,560

dead and i thought

380

00:13:37,990 --> 00:13:36,399

oh they're going to revive me this is

381

00:13:38,949 --> 00:13:38,000

going to be gross how in the world are

382

00:13:41,430 --> 00:13:38,959

they going to do it

383

00:13:42,069 --> 00:13:41,440

now that my back is open i'm out of here

384

00:13:45,990 --> 00:13:42,079

and so

385

00:13:47,750 --> 00:13:46,000

i left to that room and i had no idea

386

00:13:49,670 --> 00:13:47,760

that my near-death experience would be

387

00:13:50,790 --> 00:13:49,680

documented as much as it would and that

388

00:13:52,790 --> 00:13:50,800

this next part

389

00:13:54,470 --> 00:13:52,800

would be so important but i saw my

390

00:13:55,990 --> 00:13:54,480

step-dad get a candy bar

391

00:13:58,230 --> 00:13:56,000

out of the vending machine so this is

392

00:13:58,790 --> 00:13:58,240

somewhere in the hallway of the hospital

393

00:14:01,430 --> 00:13:58,800

and what's

394

00:14:02,389 --> 00:14:01,440

important about that for anyone who's

395

00:14:05,030 --> 00:14:02,399

lost kids

396

00:14:06,230 --> 00:14:05,040

or anyone who's lost a teenager there is

397

00:14:08,710 --> 00:14:06,240

a psychic bond

398

00:14:09,670 --> 00:14:08,720

i believe between parents and kids so at

399

00:14:13,110 --> 00:14:09,680

that moment

400

00:14:15,670 --> 00:14:13,120

i later verified with my mom and dad

401
00:14:16,629 --> 00:14:15,680
that when he walked back in with that

402
00:14:18,550 --> 00:14:16,639
candy bar

403
00:14:20,389 --> 00:14:18,560
both of my parents were on the ground

404
00:14:21,030 --> 00:14:20,399
praying they were certain that i had

405
00:14:23,910 --> 00:14:21,040
died

406
00:14:25,269 --> 00:14:23,920
that it was over and they just felt this

407
00:14:27,189 --> 00:14:25,279
need to get on

408
00:14:28,710 --> 00:14:27,199
their knees and pray and my stepdad

409
00:14:29,189 --> 00:14:28,720
walked back in with that candy bar and

410
00:14:31,509 --> 00:14:29,199
was like

411
00:14:32,230 --> 00:14:31,519
hey everyone you want some candy and

412
00:14:34,550 --> 00:14:32,240
just was

413
00:14:35,670 --> 00:14:34,560

you know making a joke and and that's

414

00:14:39,189 --> 00:14:35,680

and that's the

415

00:14:39,590 --> 00:14:39,199

significant as well because i i love

416

00:14:45,110 --> 00:14:39,600

your

417

00:14:46,550 --> 00:14:45,120

one thing you're you allude to and we

418

00:14:48,470 --> 00:14:46,560

got to bring it up because people are

419

00:14:50,710 --> 00:14:48,480

always looking for

420

00:14:52,230 --> 00:14:50,720

kind of independent verification things

421

00:14:54,870 --> 00:14:52,240

that we can

422

00:14:55,590 --> 00:14:54,880

really put our finger on and with that

423

00:14:58,949 --> 00:14:55,600

doubt thing

424

00:15:00,310 --> 00:14:58,959

kind of reduce that doubt so tell why

425

00:15:04,230 --> 00:15:00,320

the candy bar

426
00:15:05,030 --> 00:15:04,240
is so significant here yeah so he was a

427
00:15:06,790 --> 00:15:05,040
health nut

428
00:15:08,389 --> 00:15:06,800
and i never thought that he ate things

429
00:15:10,550 --> 00:15:08,399
like that and

430
00:15:13,030 --> 00:15:10,560
so that's all i thought when i saw him

431
00:15:14,790 --> 00:15:13,040
but later to have someone verify it that

432
00:15:17,590 --> 00:15:14,800
became veritable perception

433
00:15:18,629 --> 00:15:17,600
which in the nde community everyone

434
00:15:20,550 --> 00:15:18,639
loves you know when a

435
00:15:22,230 --> 00:15:20,560
near-death experiencer like kimberly

436
00:15:24,389 --> 00:15:22,240
clark sharp sees a red shoe

437
00:15:26,310 --> 00:15:24,399
in another room or another near-death

438
00:15:28,790 --> 00:15:26,320

experiencer might verify something

439

00:15:31,030 --> 00:15:28,800

that's happening in a different location

440

00:15:32,550 --> 00:15:31,040

everyone's just thrilled because that

441

00:15:34,550 --> 00:15:32,560

proves that consciousness

442

00:15:35,910 --> 00:15:34,560

survives the body even for a little

443

00:15:38,310 --> 00:15:35,920

while you know just

444

00:15:40,790 --> 00:15:38,320

if that moment is verified so i did

445

00:15:43,350 --> 00:15:40,800

verify that he got that snickers bar

446

00:15:44,389 --> 00:15:43,360

and that became an important part for

447

00:15:46,230 --> 00:15:44,399

researchers

448

00:15:47,430 --> 00:15:46,240

it wasn't that important to me i just

449

00:15:49,749 --> 00:15:47,440

thought okay whatever

450

00:15:50,710 --> 00:15:49,759

you know he's getting a candy bar and

451
00:15:53,430 --> 00:15:50,720
moved on

452
00:15:53,990 --> 00:15:53,440
because flying is a lot more exciting

453
00:15:57,829 --> 00:15:54,000
than watching

454
00:15:58,790 --> 00:15:57,839
someone get a candy bar so as soon as my

455
00:16:01,829 --> 00:15:58,800
spirit left

456
00:16:02,389 --> 00:16:01,839
that hospital i was flying above the

457
00:16:04,470 --> 00:16:02,399
hospital

458
00:16:05,670 --> 00:16:04,480
looking at austin texas where the

459
00:16:07,110 --> 00:16:05,680
accident happened and

460
00:16:09,430 --> 00:16:07,120
where i was going to school at a

461
00:16:11,990 --> 00:16:09,440
wonderful college just downtown

462
00:16:13,189 --> 00:16:12,000
ut's a fun campus and i remember

463
00:16:15,189 --> 00:16:13,199

thinking

464

00:16:16,870 --> 00:16:15,199

hey i just love everyone like that was

465

00:16:17,509 --> 00:16:16,880

my first thought when you leave the body

466

00:16:20,389 --> 00:16:17,519

behind

467

00:16:22,150 --> 00:16:20,399

i just wanted everyone i'd ever known on

468

00:16:23,269 --> 00:16:22,160

friendship acquaintance level or just

469

00:16:24,790 --> 00:16:23,279

briefly

470

00:16:26,310 --> 00:16:24,800

to know that i cared about them and

471

00:16:28,710 --> 00:16:26,320

wanted them to have a good life and i

472

00:16:30,470 --> 00:16:28,720

think that's essentially who we are

473

00:16:32,710 --> 00:16:30,480

you know trisha one of the things that i

474

00:16:36,710 --> 00:16:32,720

i love that i

475

00:16:38,470 --> 00:16:36,720

heard in your story that i thought is

476

00:16:40,389 --> 00:16:38,480

it just resonated with me as being

477

00:16:42,230 --> 00:16:40,399

particularly meaningful maybe because

478

00:16:45,910 --> 00:16:42,240

it's something i need to work on more

479

00:16:47,749 --> 00:16:45,920

but you said that that heart opening

480

00:16:50,230 --> 00:16:47,759

that you felt

481

00:16:51,269 --> 00:16:50,240

you immediately kind of in almost a life

482

00:16:54,790 --> 00:16:51,279

review thing

483

00:16:55,590 --> 00:16:54,800

saw how that was could be improved in

484

00:16:58,150 --> 00:16:55,600

your life

485

00:16:59,030 --> 00:16:58,160

and that the people you know the women

486

00:17:01,030 --> 00:16:59,040

that you worked with

487

00:17:02,389 --> 00:17:01,040

at the restaurant who you always said oh

488

00:17:04,069 --> 00:17:02,399

you know they're off doing their own

489

00:17:05,669 --> 00:17:04,079

thing i'm a college student i can't

490

00:17:07,669 --> 00:17:05,679

really connect with them

491

00:17:09,829 --> 00:17:07,679

you saw how you were connected with them

492

00:17:12,309 --> 00:17:09,839

and how this

493

00:17:13,270 --> 00:17:12,319

web of of love and feeling that we all

494

00:17:16,309 --> 00:17:13,280

connection that we have

495

00:17:18,789 --> 00:17:16,319

extends beyond sometimes what we imagine

496

00:17:20,390 --> 00:17:18,799

and that they not only cared about you

497

00:17:22,549 --> 00:17:20,400

but they were praying for you

498

00:17:24,390 --> 00:17:22,559

but also there was just this you felt a

499

00:17:26,230 --> 00:17:24,400

certain sadness i think that you hadn't

500

00:17:26,630 --> 00:17:26,240

connected more with their life and i

501
00:17:28,309 --> 00:17:26,640

just

502
00:17:30,070 --> 00:17:28,319

thought that was such a beautiful part

503
00:17:32,310 --> 00:17:30,080

of the story

504
00:17:33,510 --> 00:17:32,320

thanks yeah it's it is an important

505
00:17:36,390 --> 00:17:33,520

reminder we

506
00:17:38,630 --> 00:17:36,400

judgment separates us from people and

507
00:17:40,470 --> 00:17:38,640

certainly as a young person

508
00:17:42,390 --> 00:17:40,480

i was cliquish and had all kind of

509
00:17:44,150 --> 00:17:42,400

judgmental ideas about who i would be

510
00:17:44,549 --> 00:17:44,160

friends with or who i would associate

511
00:17:46,470 --> 00:17:44,559

with

512
00:17:48,230 --> 00:17:46,480

they weren't good enough for me you're

513
00:17:48,870 --> 00:17:48,240

interesting enough for me or smart

514

00:17:50,789 --> 00:17:48,880

enough

515

00:17:53,110 --> 00:17:50,799

or in college or you know whatever i

516

00:17:54,950 --> 00:17:53,120

just had judgments about who could enter

517

00:17:57,190 --> 00:17:54,960

my life and i saw

518

00:17:58,470 --> 00:17:57,200

quickly after that moment and this life

519

00:18:00,470 --> 00:17:58,480

review

520

00:18:02,789 --> 00:18:00,480

how the things that mattered the most is

521

00:18:05,430 --> 00:18:02,799

when i was peaceful and happy in nature

522

00:18:06,630 --> 00:18:05,440

when i was kind to others and the thing

523

00:18:08,950 --> 00:18:06,640

that i needed to

524

00:18:10,950 --> 00:18:08,960

change were exactly those moments the

525

00:18:13,110 --> 00:18:10,960

people that i worked with who i judged

526

00:18:14,390 --> 00:18:13,120

who actually went home and prayed for me

527

00:18:16,950 --> 00:18:14,400

they were catholic

528

00:18:18,070 --> 00:18:16,960

and they just included me in their

529

00:18:19,830 --> 00:18:18,080

prayers and i thought

530

00:18:21,590 --> 00:18:19,840

wow their hearts are really lovely

531

00:18:23,270 --> 00:18:21,600

they're just beautiful people

532

00:18:25,510 --> 00:18:23,280

and it doesn't matter who they are like

533

00:18:27,830 --> 00:18:25,520

look into the hearts of people

534

00:18:29,510 --> 00:18:27,840

and create a kind environment wherever

535

00:18:30,630 --> 00:18:29,520

you go like that may be the most

536

00:18:32,789 --> 00:18:30,640

important thing we do

537

00:18:34,789 --> 00:18:32,799

wherever our work wherever our feet hit

538

00:18:35,430 --> 00:18:34,799

the ground if we're kind to people

539

00:18:38,230 --> 00:18:35,440

around us

540

00:18:38,710 --> 00:18:38,240

then life is going to work better and

541

00:18:42,230 --> 00:18:38,720

that was

542

00:18:44,230 --> 00:18:42,240

not about

543

00:18:46,789 --> 00:18:44,240

ego it's and many near-death

544

00:18:48,070 --> 00:18:46,799

experiencers experience this they

545

00:18:49,909 --> 00:18:48,080

they think they're going to come back

546

00:18:51,669 --> 00:18:49,919

and write a great book or make a great

547

00:18:54,390 --> 00:18:51,679

monument or do something that's

548

00:18:56,230 --> 00:18:54,400

fantastic and and that intelligence from

549

00:18:57,430 --> 00:18:56,240

the other side is like i know just why

550

00:19:00,230 --> 00:18:57,440

don't you love other people why do you

551

00:19:05,830 --> 00:19:03,669

and it's uh yeah it's kind of simple but

552

00:19:07,510 --> 00:19:05,840

the messages were definitely simple and

553

00:19:10,789 --> 00:19:07,520

they did slow down

554

00:19:13,190 --> 00:19:10,799

one of the so as i was transitioning

555

00:19:14,390 --> 00:19:13,200

past that life review i started seeing

556

00:19:16,310 --> 00:19:14,400

almost like words

557

00:19:18,630 --> 00:19:16,320

different lessons coming toward me one

558

00:19:21,430 --> 00:19:18,640

is love is all that matters and all that

559

00:19:23,669 --> 00:19:21,440

we take with us into this realm so

560

00:19:25,669 --> 00:19:23,679

anything i did from a place of love or

561

00:19:28,150 --> 00:19:25,679

passion or excitement or joy

562

00:19:28,870 --> 00:19:28,160

or kindness i was taking that it's like

563

00:19:32,470 --> 00:19:28,880

my soul

564

00:19:35,029 --> 00:19:32,480

got to take them into that realm

565

00:19:36,710 --> 00:19:35,039

anything i did that was ego centered or

566

00:19:37,990 --> 00:19:36,720

you know my shadow self or whatever you

567

00:19:39,510 --> 00:19:38,000

want to call it

568

00:19:41,750 --> 00:19:39,520

just left behind it was left on the

569

00:19:44,950 --> 00:19:41,760

ground wasn't important

570

00:19:47,190 --> 00:19:44,960

and as i transitioned into that place

571

00:19:49,190 --> 00:19:47,200

i also heard remind them to go to nature

572

00:19:50,710 --> 00:19:49,200

and that's something that i keep

573

00:19:52,390 --> 00:19:50,720

telling people especially in this

574

00:19:54,470 --> 00:19:52,400

technological age

575

00:19:55,430 --> 00:19:54,480

we are forgetting what it's like to have

576

00:19:58,549 --> 00:19:55,440

respectful

577

00:20:01,590 --> 00:19:58,559

decent human communities and we're we're

578

00:20:04,070 --> 00:20:01,600

losing this ability to

579

00:20:06,390 --> 00:20:04,080

connect both to the energy of nature and

580

00:20:09,270 --> 00:20:06,400

the energy of others and so that was

581

00:20:10,470 --> 00:20:09,280

something that's that really hit me let

582

00:20:13,430 --> 00:20:10,480

me interject something because

583

00:20:15,430 --> 00:20:13,440

i kind of i love what you're saying i

584

00:20:17,110 --> 00:20:15,440

spin it a little bit differently for

585

00:20:20,230 --> 00:20:17,120

myself

586

00:20:23,590 --> 00:20:20,240

because i almost hear that

587

00:20:25,430 --> 00:20:23,600

as kind of another negative

588

00:20:27,190 --> 00:20:25,440

thing you're doing wrong thing to add

589

00:20:30,950 --> 00:20:27,200

your to-do list

590

00:20:33,350 --> 00:20:30,960

i really love what um eckhart tolle

591

00:20:35,350 --> 00:20:33,360

uh says sometimes when he says look

592

00:20:38,710 --> 00:20:35,360

we're all trying to connect with this

593

00:20:41,909 --> 00:20:38,720

ultimate stillness that's the core

594

00:20:44,789 --> 00:20:41,919

essence of who we are as a spirit

595

00:20:46,070 --> 00:20:44,799

and we can naturally easily connect with

596

00:20:48,549 --> 00:20:46,080

that in nature

597

00:20:49,750 --> 00:20:48,559

because nature is all about stillness

598

00:20:52,470 --> 00:20:49,760

and i just

599

00:20:53,990 --> 00:20:52,480

to me i i i that just really resonated

600

00:20:57,110 --> 00:20:54,000

and has helped me

601
00:20:58,710 --> 00:20:57,120
whenever i'm in nature to just find that

602
00:21:00,310 --> 00:20:58,720
stillness and that connection and it's

603
00:21:02,470 --> 00:21:00,320
it's instant i don't have to

604
00:21:03,909 --> 00:21:02,480
think about it or do it or you know make

605
00:21:06,070 --> 00:21:03,919
sure i

606
00:21:07,830 --> 00:21:06,080
you get what i mean oh yeah now that's

607
00:21:08,470 --> 00:21:07,840
beautiful and i'm glad you have that

608
00:21:11,190 --> 00:21:08,480
connection

609
00:21:13,029 --> 00:21:11,200
i worry about the youth because i work

610
00:21:15,029 --> 00:21:13,039
with a lot of kids who are

611
00:21:16,230 --> 00:21:15,039
addicted and well we won't even say

612
00:21:18,390 --> 00:21:16,240
addicted they have

613
00:21:20,789 --> 00:21:18,400

habitual patterns where they don't even

614

00:21:22,149 --> 00:21:20,799

go outside to sit under a tree or take a

615

00:21:23,669 --> 00:21:22,159

walk in nature that they're playing

616

00:21:25,510 --> 00:21:23,679

video games to all

617

00:21:27,430 --> 00:21:25,520

hours of the night and suffering from

618

00:21:30,070 --> 00:21:27,440

deep anxiety and depression

619

00:21:30,950 --> 00:21:30,080

and so i'm reminding them and i take

620

00:21:33,590 --> 00:21:30,960

them outside

621

00:21:34,630 --> 00:21:33,600

to get set under a tree yeah i mean i'm

622

00:21:37,990 --> 00:21:34,640

just shaking my head i mean

623

00:21:41,669 --> 00:21:38,000

i got i got four kids and you know age

624

00:21:44,070 --> 00:21:41,679

range in age from 25 to 17

625

00:21:45,190 --> 00:21:44,080

and my 17 year old is in there doing her

626

00:21:48,549 --> 00:21:45,200

online senior

627

00:21:49,590 --> 00:21:48,559

high school and i love it when she goes

628

00:21:51,990 --> 00:21:49,600

outside and gets

629

00:21:53,350 --> 00:21:52,000

gets in nature but this comes down to

630

00:21:54,549 --> 00:21:53,360

the other stuff that we're going to talk

631

00:21:57,270 --> 00:21:54,559

about

632

00:21:58,070 --> 00:21:57,280

as a parent or as just someone who's

633

00:22:01,590 --> 00:21:58,080

interacting with

634

00:22:04,870 --> 00:22:01,600

another soul my

635

00:22:08,230 --> 00:22:04,880

learning has been to tread very

636

00:22:10,870 --> 00:22:08,240

lightly on somebody else's path you know

637

00:22:12,470 --> 00:22:10,880

and i that isn't that doesn't come easy

638

00:22:13,750 --> 00:22:12,480

for me because my thing is like put down

639

00:22:15,909 --> 00:22:13,760

your damn phone and

640

00:22:18,149 --> 00:22:15,919

get the hell out there the beach is

641

00:22:19,830 --> 00:22:18,159

right here you can see it go down there

642

00:22:21,750 --> 00:22:19,840

you're going to get all this great stuff

643

00:22:22,630 --> 00:22:21,760

from the beach and from that now go do

644

00:22:26,310 --> 00:22:22,640

it you know

645

00:22:28,549 --> 00:22:26,320

well that kind of destroys

646

00:22:29,750 --> 00:22:28,559

the larger message right there so

647

00:22:32,870 --> 00:22:29,760

there's a lot to do

648

00:22:34,149 --> 00:22:32,880

yeah so yeah i appreciate what you're

649

00:22:35,909 --> 00:22:34,159

saying so

650

00:22:37,350 --> 00:22:35,919

that's where near-death experiences

651
00:22:39,190 --> 00:22:37,360
probably get into trouble as we get

652
00:22:40,870 --> 00:22:39,200
these messages then our own intellect

653
00:22:42,870 --> 00:22:40,880
starts interpreting them in different

654
00:22:43,750 --> 00:22:42,880
ways so all that was said is remind them

655
00:22:45,270 --> 00:22:43,760
to go to nature

656
00:22:47,350 --> 00:22:45,280
so i just throw it out there sometimes

657
00:22:47,990 --> 00:22:47,360
like hey if you're stressed out go to

658
00:22:50,710 --> 00:22:48,000
nature

659
00:22:51,190 --> 00:22:50,720
you know that's the closest message i

660
00:22:54,470 --> 00:22:51,200
can

661
00:22:55,990 --> 00:22:54,480
connect and to another part in my

662
00:22:57,750 --> 00:22:56,000
near-death experience and this is a

663
00:22:59,029 --> 00:22:57,760

little bit different from some people's

664

00:23:01,669 --> 00:22:59,039

experience

665

00:23:02,630 --> 00:23:01,679

i felt like when i transitioned from

666

00:23:10,390 --> 00:23:02,640

that

667

00:23:13,750 --> 00:23:10,400

look like heaven

668

00:23:16,230 --> 00:23:13,760

i which was just filled with green grass

669

00:23:18,149 --> 00:23:16,240

and this flowing hill i felt like it was

670

00:23:19,909 --> 00:23:18,159

an actual holding place i didn't feel

671

00:23:21,750 --> 00:23:19,919

like this was

672

00:23:23,029 --> 00:23:21,760

the end haul and be all i felt like this

673

00:23:25,029 --> 00:23:23,039

was a place to rest

674

00:23:27,029 --> 00:23:25,039

and a place to connect with an ancestor

675

00:23:27,830 --> 00:23:27,039

so the only person who was dead was my

676

00:23:30,630 --> 00:23:27,840

grandfather

677

00:23:32,310 --> 00:23:30,640

and that's another part of near-death

678

00:23:33,350 --> 00:23:32,320

experiences that researchers love to

679

00:23:35,350 --> 00:23:33,360

talk about

680

00:23:37,029 --> 00:23:35,360

is you don't connect with anyone here so

681

00:23:38,549 --> 00:23:37,039

it's not like a dream you connect with

682

00:23:40,070 --> 00:23:38,559

people who have actually died and

683

00:23:42,310 --> 00:23:40,080

they're there to welcome you so

684

00:23:43,669 --> 00:23:42,320

my grandfather was the only one who died

685

00:23:46,230 --> 00:23:43,679

he looked very young

686

00:23:48,549 --> 00:23:46,240

he had this beautiful glowing face and

687

00:23:49,669 --> 00:23:48,559

glowing eyes and i hardly recognized him

688

00:23:52,630 --> 00:23:49,679

at first

689

00:23:53,750 --> 00:23:52,640

and he spent some time with me there in

690

00:23:55,909 --> 00:23:53,760

that realm

691

00:23:57,110 --> 00:23:55,919

and then asked me if i wanted to go on

692

00:23:59,430 --> 00:23:57,120

which i knew

693

00:24:01,269 --> 00:23:59,440

to be the light of god and this ultimate

694

00:24:01,909 --> 00:24:01,279

consciousness call it creator call it

695

00:24:04,710 --> 00:24:01,919

god

696

00:24:05,029 --> 00:24:04,720

but it was something that drew me and it

697

00:24:08,070 --> 00:24:05,039

was

698

00:24:10,390 --> 00:24:08,080

so magnetic i could not stop myself from

699

00:24:13,510 --> 00:24:10,400

wanting to go there if my soul just like

700

00:24:14,470 --> 00:24:13,520

leapt into the sky and went towards this

701
00:24:16,390 --> 00:24:14,480
light of god

702
00:24:17,510 --> 00:24:16,400
i felt people's prayers trying to hold

703
00:24:19,510 --> 00:24:17,520
me back and i

704
00:24:20,630 --> 00:24:19,520
i knew exactly what their words were

705
00:24:23,029 --> 00:24:20,640
what their prayers were

706
00:24:25,269 --> 00:24:23,039
prayers felt like a wind or an energy

707
00:24:27,830 --> 00:24:25,279
and i broke through that and i remember

708
00:24:28,470 --> 00:24:27,840
thinking oh whatever maybe i'm not going

709
00:24:29,830 --> 00:24:28,480
to come back

710
00:24:32,070 --> 00:24:29,840
and this will be great and i'll just see

711
00:24:35,669 --> 00:24:32,080
you soon enough and in that

712
00:24:37,590 --> 00:24:35,679
expanse of no time it feels

713
00:24:39,350 --> 00:24:37,600

it doesn't feel mean to say that to

714

00:24:42,470 --> 00:24:39,360

family members it feels like

715

00:24:44,310 --> 00:24:42,480

oh i'll just see you as soon here time

716

00:24:47,590 --> 00:24:44,320

feels so long but over there

717

00:24:49,830 --> 00:24:47,600

not so much and so as i was going toward

718

00:24:52,070 --> 00:24:49,840

that light of god

719

00:24:54,310 --> 00:24:52,080

every part of my life that was difficult

720

00:24:57,510 --> 00:24:54,320

so i didn't have the easiest childhood

721

00:24:59,990 --> 00:24:57,520

and sometimes i felt as if there wasn't

722

00:25:01,110 --> 00:25:00,000

much good about me you know didn't hear

723

00:25:02,950 --> 00:25:01,120

a lot of good things

724

00:25:04,870 --> 00:25:02,960

and i was a smart kid and a good kid and

725

00:25:05,269 --> 00:25:04,880

did well in school and was obedient but

726

00:25:17,590 --> 00:25:05,279

i

727

00:25:20,070 --> 00:25:17,600

safe

728

00:25:21,190 --> 00:25:20,080

there's nothing to worry about i have

729

00:25:24,630 --> 00:25:21,200

access to this

730

00:25:26,549 --> 00:25:24,640

completely

731

00:25:28,310 --> 00:25:26,559

okay and that was the first time in my

732

00:25:30,870 --> 00:25:28,320

life that i'd honestly felt that good

733

00:25:32,870 --> 00:25:30,880

except for a few moments maybe in nature

734

00:25:34,549 --> 00:25:32,880

where i was playing and enjoying life

735

00:25:36,789 --> 00:25:34,559

but that was

736

00:25:38,149 --> 00:25:36,799

almost like an atomic bomb of love any

737

00:25:40,230 --> 00:25:38,159

little romantic

738

00:25:41,350 --> 00:25:40,240

experience i'd had or anything did not

739

00:25:44,549 --> 00:25:41,360

compare to it

740

00:25:47,590 --> 00:25:44,559

it was just massive and it

741

00:25:48,789 --> 00:25:47,600

filled up my spirit body and

742

00:25:50,630 --> 00:25:48,799

you know sometimes when near-death

743

00:25:51,990 --> 00:25:50,640

experiences talk about this part we

744

00:25:54,789 --> 00:25:52,000

almost sound arrogant

745

00:25:55,350 --> 00:25:54,799

i started to seem larger than i was as

746

00:25:58,149 --> 00:25:55,360

if this

747

00:26:00,470 --> 00:25:58,159

light just emanated from me i felt so

748

00:26:03,909 --> 00:26:00,480

powerful and so

749

00:26:05,590 --> 00:26:03,919

right you know just one with god and

750

00:26:07,669 --> 00:26:05,600

i did not want to leave that's when i

751

00:26:09,430 --> 00:26:07,679

was like oh that broken body on that

752

00:26:09,990 --> 00:26:09,440

operating table why don't we forget

753

00:26:11,750 --> 00:26:10,000

about that

754

00:26:13,190 --> 00:26:11,760

and why don't i stay here where i can

755

00:26:15,350 --> 00:26:13,200

feel good and

756

00:26:16,230 --> 00:26:15,360

that's when i felt as if there was a

757

00:26:18,870 --> 00:26:16,240

barrier or

758

00:26:21,029 --> 00:26:18,880

stop and i hit some kind of energetic

759

00:26:22,870 --> 00:26:21,039

wall and this booming voice

760

00:26:24,070 --> 00:26:22,880

not really masculine or feminine but i

761

00:26:26,390 --> 00:26:24,080

just heard it

762

00:26:27,190 --> 00:26:26,400

deep within my soul this voice said look

763

00:26:29,830 --> 00:26:27,200

down

764

00:26:31,350 --> 00:26:29,840

showed me a river and all these souls

765

00:26:35,269 --> 00:26:31,360

were covered with either light

766

00:26:38,310 --> 00:26:35,279

or darkness and i knew this to be

767

00:26:40,230 --> 00:26:38,320

fear the darkness was fear the light was

768

00:26:42,870 --> 00:26:40,240

just a consciousness that was connected

769

00:26:44,630 --> 00:26:42,880

to god so we either walk around in fear

770

00:26:46,390 --> 00:26:44,640

or we walk around connected to god it

771

00:26:47,510 --> 00:26:46,400

seemed very simple as if i could tell

772

00:26:49,430 --> 00:26:47,520

all the people who

773

00:26:52,630 --> 00:26:49,440

had darkness around them hey just

774

00:26:55,750 --> 00:26:52,640

connect to god it's that simple

775

00:26:58,390 --> 00:26:55,760

and as that vision

776

00:27:00,070 --> 00:26:58,400

unfolded and a lot of a lot of the

777

00:27:01,269 --> 00:27:00,080

visions in the afterlife were more like

778

00:27:04,390 --> 00:27:01,279

metaphors

779

00:27:06,470 --> 00:27:04,400

so i knew that i was going to teach

780

00:27:08,470 --> 00:27:06,480

not really as a spiritual teacher but in

781

00:27:10,230 --> 00:27:08,480

actual public schools and colleges and

782

00:27:12,470 --> 00:27:10,240

that was going to be my profession

783

00:27:13,510 --> 00:27:12,480

and i was going to work with these kids

784

00:27:15,590 --> 00:27:13,520

and teens and

785

00:27:17,190 --> 00:27:15,600

remind them just how to shine and how to

786

00:27:17,430 --> 00:27:17,200

feel good about themselves and how to

787

00:27:19,750 --> 00:27:17,440

have

788

00:27:22,230 --> 00:27:19,760

access to love not from a religious

789

00:27:25,830 --> 00:27:22,240

perspective but more from a

790

00:27:26,950 --> 00:27:25,840

holistic i'm i'm a good person i can go

791

00:27:28,789 --> 00:27:26,960

out into this world and make a

792

00:27:29,669 --> 00:27:28,799

difference kind of perspective just

793

00:27:31,909 --> 00:27:29,679

empower

794

00:27:34,070 --> 00:27:31,919

these students and although i was

795

00:27:36,070 --> 00:27:34,080

excited about that part i also knew

796

00:27:37,830 --> 00:27:36,080

how little teachers got paid and i'd

797

00:27:39,190 --> 00:27:37,840

grown up poor and i wanted nothing to do

798

00:27:41,269 --> 00:27:39,200

with it so i actually

799

00:27:42,789 --> 00:27:41,279

argued with god for a moment and said no

800

00:27:45,590 --> 00:27:42,799

way i'm not doing that

801
00:27:46,310 --> 00:27:45,600
and then i felt as if my soul was hurled

802
00:27:48,470 --> 00:27:46,320
out of heaven

803
00:27:50,710 --> 00:27:48,480
back into my body like like i was a

804
00:27:53,269 --> 00:27:50,720
baseball or something being thrown

805
00:27:54,870 --> 00:27:53,279
back into my body it was not nice and

806
00:27:57,350 --> 00:27:54,880
and this dark wind

807
00:27:59,190 --> 00:27:57,360
encompassed me and then i felt shoved

808
00:28:02,310 --> 00:27:59,200
back into my body and then i remember

809
00:28:05,510 --> 00:28:02,320
the moments in the uh of waking up and

810
00:28:06,630 --> 00:28:05,520
speaking my name oh that's great we're

811
00:28:08,230 --> 00:28:06,640
going to continue on with the story

812
00:28:09,669 --> 00:28:08,240
you're throwing a lot of

813
00:28:11,110 --> 00:28:09,679

for some to say not religious you're

814

00:28:11,510 --> 00:28:11,120

throwing a lot of religious terms in

815

00:28:14,789 --> 00:28:11,520

there

816

00:28:17,190 --> 00:28:14,799

which i think is is like okay

817

00:28:18,630 --> 00:28:17,200

maybe later we'll have some

818

00:28:20,950 --> 00:28:18,640

conversations about that

819

00:28:22,470 --> 00:28:20,960

you know you know david ditchfield you

820

00:28:25,510 --> 00:28:22,480

he was at your summit

821

00:28:29,350 --> 00:28:25,520

he was on this show as well great guy

822

00:28:32,149 --> 00:28:29,360

love his story you know very

823

00:28:33,909 --> 00:28:32,159

christian themed nde but when you really

824

00:28:35,110 --> 00:28:33,919

press him he's like well i don't know if

825

00:28:38,070 --> 00:28:35,120

that's really the

826

00:28:39,510 --> 00:28:38,080

end game also interviewed a while back i

827

00:28:40,630 --> 00:28:39,520

always reference this guy because he

828

00:28:42,230 --> 00:28:40,640

really

829

00:28:44,950 --> 00:28:42,240

fits so many of the things i love to

830

00:28:48,070 --> 00:28:44,960

talk about ian mccormick

831

00:28:50,230 --> 00:28:48,080

you know hey he'll tell you man if you

832

00:28:51,669 --> 00:28:50,240

didn't see jesus in your nde you didn't

833

00:28:54,230 --> 00:28:51,679

have an nde

834

00:28:56,070 --> 00:28:54,240

you had satan coming to see you he goes

835

00:28:58,149 --> 00:28:56,080

around to churches around the world

836

00:29:00,470 --> 00:28:58,159

and that's his freaking message and he

837

00:29:02,710 --> 00:29:00,480

had an nde there's no doubt yet andy

838

00:29:04,950 --> 00:29:02,720

eaves and a frickin morgan

839

00:29:07,510 --> 00:29:04,960

i forget you know those remote islands

840

00:29:09,430 --> 00:29:07,520

off the coast of the indian ocean

841

00:29:12,149 --> 00:29:09,440

so we'll get into that later that you

842

00:29:15,909 --> 00:29:12,159

know like you said

843

00:29:18,230 --> 00:29:15,919

the ego comes in even for the indy ear

844

00:29:19,830 --> 00:29:18,240

it doesn't erase it doesn't it seems to

845

00:29:20,870 --> 00:29:19,840

well here i am saying like i know you

846

00:29:23,350 --> 00:29:20,880

know i don't know anything

847

00:29:24,310 --> 00:29:23,360

i'm just saying looking at looking

848

00:29:26,789 --> 00:29:24,320

across

849

00:29:27,590 --> 00:29:26,799

you know all these ndes and studying

850

00:29:29,830 --> 00:29:27,600

them like i had

851

00:29:31,590 --> 00:29:29,840

along with studying other spiritually

852

00:29:35,590 --> 00:29:31,600

transformative experiences

853

00:29:38,149 --> 00:29:35,600

hey are these

854

00:29:40,149 --> 00:29:38,159

higher evolved beings are they e.t you

855

00:29:43,350 --> 00:29:40,159

know some people tell you that have had

856

00:29:45,029 --> 00:29:43,360

ndes and have had those encounters

857

00:29:46,389 --> 00:29:45,039

and say there's some kind of connection

858

00:29:48,149 --> 00:29:46,399

there that we don't understand so

859

00:29:51,830 --> 00:29:48,159

there's a lot of stuff

860

00:29:54,389 --> 00:29:51,840

to explore and the answers can never be

861

00:29:56,470 --> 00:29:54,399

reduced down to one person's experience

862

00:29:59,269 --> 00:29:56,480

that's my takeaway

863

00:30:01,750 --> 00:29:59,279

but i did want to before i kind of shift

864

00:30:03,909 --> 00:30:01,760

into all that

865

00:30:04,870 --> 00:30:03,919

allow you to finish the story because

866

00:30:08,149 --> 00:30:04,880

there's

867

00:30:08,950 --> 00:30:08,159

such an interesting i think and you're

868

00:30:12,310 --> 00:30:08,960

so

869

00:30:14,789 --> 00:30:12,320

open about this in such an important way

870

00:30:16,470 --> 00:30:14,799

about the trauma that you experience

871

00:30:18,149 --> 00:30:16,480

after the nde

872

00:30:20,710 --> 00:30:18,159

which again surprises people because

873

00:30:23,990 --> 00:30:20,720

it's like no wait a minute

874

00:30:26,070 --> 00:30:24,000

trish is all set now god if you will has

875

00:30:28,310 --> 00:30:26,080

you know god is kind of here you go

876

00:30:30,230 --> 00:30:28,320

trisha it's just gonna be you go

877

00:30:31,990 --> 00:30:30,240

girl and it's all gonna be fun and you

878

00:30:33,269 --> 00:30:32,000

know all this stuff but it doesn't

879

00:30:36,470 --> 00:30:33,279

exactly

880

00:30:39,350 --> 00:30:36,480

happen lightweight way yeah

881

00:30:41,430 --> 00:30:39,360

so you bring up so much in what you said

882

00:30:43,750 --> 00:30:41,440

and i want to say that my family didn't

883

00:30:44,710 --> 00:30:43,760

accept my experience ultimately you know

884

00:30:47,029 --> 00:30:44,720

my mother

885

00:30:48,630 --> 00:30:47,039

thought that not seeing jesus meant that

886

00:30:49,510 --> 00:30:48,640

i did not have a real near-death

887

00:30:52,470 --> 00:30:49,520

experience but

888

00:30:53,590 --> 00:30:52,480

i was filled with so much consciousness

889

00:30:56,549 --> 00:30:53,600

so much light

890

00:30:58,870 --> 00:30:56,559

i was having psychic flashes i was

891

00:31:00,710 --> 00:30:58,880

connecting with healing which helped me

892

00:31:02,630 --> 00:31:00,720

learn to walk again you know that i was

893

00:31:04,549 --> 00:31:02,640

having lucid dreams every night i

894

00:31:06,310 --> 00:31:04,559

knew that i had awakened because of this

895

00:31:06,950 --> 00:31:06,320

near-death experience and i knew that it

896

00:31:09,909 --> 00:31:06,960

was

897

00:31:11,269 --> 00:31:09,919

a much more healing way of living you

898

00:31:13,509 --> 00:31:11,279

know to be interested in

899

00:31:14,710 --> 00:31:13,519

yoga and meditation and lucid dreaming

900

00:31:16,630 --> 00:31:14,720

than partying

901
00:31:18,389 --> 00:31:16,640
like the average college student i knew

902
00:31:21,590 --> 00:31:18,399
that my life had changed

903
00:31:22,549 --> 00:31:21,600
for the better and i knew that that

904
00:31:25,269 --> 00:31:22,559
experience

905
00:31:26,549 --> 00:31:25,279
was ultimately good and i think the soul

906
00:31:29,029 --> 00:31:26,559
would know the difference

907
00:31:29,909 --> 00:31:29,039
between you know the angel of light

908
00:31:33,350 --> 00:31:29,919
being the devil

909
00:31:36,389 --> 00:31:33,360
versus god i know that i encountered god

910
00:31:36,789 --> 00:31:36,399
and so to me the people who feel that

911
00:31:39,029 --> 00:31:36,799
way

912
00:31:40,389 --> 00:31:39,039
they seem to be seeped in fear which i i

913
00:31:41,750 --> 00:31:40,399

saw was not a good thing

914

00:31:43,990 --> 00:31:41,760

you know they're fearful of any

915

00:31:45,830 --> 00:31:44,000

experience that does not mirror their

916

00:31:47,990 --> 00:31:45,840

own or does not align with their belief

917

00:31:48,630 --> 00:31:48,000

system instead of just listening openly

918

00:31:51,269 --> 00:31:48,640

to

919

00:31:52,549 --> 00:31:51,279

a different view can i interject a point

920

00:31:55,430 --> 00:31:52,559

there though because

921

00:31:57,430 --> 00:31:55,440

that's tricky and slippery because you

922

00:31:58,389 --> 00:31:57,440

know the the one thing we're leaning on

923

00:32:00,950 --> 00:31:58,399

here if we can

924

00:32:02,310 --> 00:32:00,960

call it scientific this whole discussion

925

00:32:05,269 --> 00:32:02,320

of near-death experience

926
00:32:06,310 --> 00:32:05,279
and i really like that we can call it

927
00:32:08,630 --> 00:32:06,320
scientific

928
00:32:09,350 --> 00:32:08,640
because in the larger context of our

929
00:32:13,990 --> 00:32:09,360
culture

930
00:32:15,750 --> 00:32:14,000
that you know for the longest time and

931
00:32:16,230 --> 00:32:15,760
you've been doing this for a while know

932
00:32:19,029 --> 00:32:16,240
that

933
00:32:19,669 --> 00:32:19,039
you know they've just denied near-death

934
00:32:22,070 --> 00:32:19,679
experience

935
00:32:23,509 --> 00:32:22,080
at all and it's really the science that

936
00:32:26,149 --> 00:32:23,519
has won the day

937
00:32:26,710 --> 00:32:26,159
so the pin bound mammals the jeff longs

938
00:32:29,909 --> 00:32:26,720

the

939

00:32:31,509 --> 00:32:29,919

uh peter

940

00:32:33,190 --> 00:32:31,519

peter fennick and all these people have

941

00:32:35,909 --> 00:32:33,200

said well wait a minute

942

00:32:37,190 --> 00:32:35,919

i'm just doing this straight up as a you

943

00:32:40,230 --> 00:32:37,200

know medical professional

944

00:32:42,070 --> 00:32:40,240

and i'm telling you i i see no other way

945

00:32:45,590 --> 00:32:42,080

to interpret this data

946

00:32:49,509 --> 00:32:45,600

and that does give us some degree

947

00:32:52,710 --> 00:32:49,519

of of terra firma to kind of stand

948

00:32:56,070 --> 00:32:52,720

on here but with that comes

949

00:32:57,269 --> 00:32:56,080

a complexity that we don't really know

950

00:33:00,389 --> 00:32:57,279

how to wrestle with

951
00:33:01,990 --> 00:33:00,399
and by that i mean ian mccormick was

952
00:33:04,310 --> 00:33:02,000
dead

953
00:33:06,870 --> 00:33:04,320
we can't remove that from the equation

954
00:33:09,909 --> 00:33:06,880
he was like really dead i mean he was

955
00:33:11,830 --> 00:33:09,919
he was in the morgue for hours so he was

956
00:33:14,389 --> 00:33:11,840
in that extended realm

957
00:33:16,230 --> 00:33:14,399
so now what he's bringing back we can

958
00:33:17,750 --> 00:33:16,240
make judgments and say well it's fear

959
00:33:20,710 --> 00:33:17,760
laden and that's why he

960
00:33:22,630 --> 00:33:20,720
you know sees jesus and only jesus or he

961
00:33:26,070 --> 00:33:22,640
reinterpreted it when he got

962
00:33:28,630 --> 00:33:26,080
back and we can say a lot of stuff

963
00:33:30,070 --> 00:33:28,640

but now we're venturing a little bit

964

00:33:32,470 --> 00:33:30,080

away from

965

00:33:34,470 --> 00:33:32,480

the science if you will that we relied

966

00:33:35,750 --> 00:33:34,480

on because the science got us to the

967

00:33:37,830 --> 00:33:35,760

point of saying

968

00:33:39,590 --> 00:33:37,840

wait a minute you people that say we are

969

00:33:41,509 --> 00:33:39,600

biological robots in a meaningless

970

00:33:43,669 --> 00:33:41,519

universe and our life is meaningless

971

00:33:44,789 --> 00:33:43,679

just get on with it don't think about

972

00:33:47,350 --> 00:33:44,799

larger things

973

00:33:48,149 --> 00:33:47,360

we're shouting them down by saying these

974

00:33:51,830 --> 00:33:48,159

people

975

00:33:54,870 --> 00:33:51,840

are dead and have a conscious

976
00:33:56,149 --> 00:33:54,880
you get what i'm saying so we can't we i

977
00:33:56,710 --> 00:33:56,159
think we we have to be careful about

978
00:33:58,950 --> 00:33:56,720
going too

979
00:34:01,269 --> 00:33:58,960
far with the assumptions we're making

980
00:34:03,430 --> 00:34:01,279
about how they're experiencing that

981
00:34:05,509 --> 00:34:03,440
extended realm and what that means and

982
00:34:07,269 --> 00:34:05,519
you know it's all fear laden or that's

983
00:34:08,310 --> 00:34:07,279
how it works or you know any of the rest

984
00:34:11,270 --> 00:34:08,320
of that stuff

985
00:34:12,389 --> 00:34:11,280
yeah well i would say that i've

986
00:34:15,030 --> 00:34:12,399
continued to

987
00:34:16,389 --> 00:34:15,040
evolve and grow and change and heal

988
00:34:20,629 --> 00:34:16,399

since 1994

989

00:34:22,389 --> 00:34:20,639

after my experience and so one of those

990

00:34:23,750 --> 00:34:22,399

key lessons that you brought up earlier

991

00:34:27,669 --> 00:34:23,760

was not to judge

992

00:34:30,149 --> 00:34:27,679

others and so yeah some some of that

993

00:34:31,270 --> 00:34:30,159

may be judgment that we're placing on

994

00:34:33,190 --> 00:34:31,280

ian but

995

00:34:34,629 --> 00:34:33,200

but at the same time maybe he'll grow

996

00:34:37,430 --> 00:34:34,639

and change in ten years and

997

00:34:37,990 --> 00:34:37,440

have a different uh way of looking at

998

00:34:40,230 --> 00:34:38,000

things

999

00:34:41,430 --> 00:34:40,240

you don't know there might be a

1000

00:34:45,030 --> 00:34:41,440

spiritual way of

1001
00:34:46,629 --> 00:34:45,040
evolving past past some limits here

1002
00:34:48,550 --> 00:34:46,639
there's so many questions that you can

1003
00:34:49,750 --> 00:34:48,560
start bringing up so someone can come

1004
00:34:52,149 --> 00:34:49,760
back to a body

1005
00:34:52,950 --> 00:34:52,159
and have a biological condition of

1006
00:34:54,950 --> 00:34:52,960
depression

1007
00:34:57,190 --> 00:34:54,960
and i did you know i came back and still

1008
00:34:59,430 --> 00:34:57,200
struggled with that you can come back to

1009
00:35:01,510 --> 00:34:59,440
this body and still have childhood

1010
00:35:02,710 --> 00:35:01,520
traumas and memories that you have to

1011
00:35:04,390 --> 00:35:02,720
release and

1012
00:35:06,069 --> 00:35:04,400
and you might come back to a culture

1013
00:35:07,589 --> 00:35:06,079

that you don't agree with

1014

00:35:09,990 --> 00:35:07,599

everything that's happening around you

1015

00:35:10,630 --> 00:35:10,000

and so you become um somewhat of a rebel

1016

00:35:12,710 --> 00:35:10,640

so there's

1017

00:35:13,910 --> 00:35:12,720

there's a lot of individual journeys and

1018

00:35:15,349 --> 00:35:13,920

one of the reasons i think it's

1019

00:35:17,030 --> 00:35:15,359

important for many near-death

1020

00:35:18,950 --> 00:35:17,040

experiencers to talk

1021

00:35:21,109 --> 00:35:18,960

is people are going to gravitate to me

1022

00:35:23,589 --> 00:35:21,119

and my story because they resonate

1023

00:35:25,109 --> 00:35:23,599

because of their backgrounds to me and

1024

00:35:28,950 --> 00:35:25,119

someone might resonate

1025

00:35:31,430 --> 00:35:28,960

to ian and find greater peace and

1026
00:35:34,870 --> 00:35:31,440
and love and connection to god because

1027
00:35:36,950 --> 00:35:34,880
of his story so we should all be talking

1028
00:35:40,470 --> 00:35:36,960
yeah i mean i guess i'm gonna have to

1029
00:35:43,990 --> 00:35:40,480
persist on this a little bit further

1030
00:35:44,470 --> 00:35:44,000
they're they're we do want to judge you

1031
00:35:46,950 --> 00:35:44,480
know

1032
00:35:49,030 --> 00:35:46,960
i mean it it's i i had this topic come

1033
00:35:51,109 --> 00:35:49,040
up and i really

1034
00:35:53,430 --> 00:35:51,119
like one comment that was made it was

1035
00:35:56,630 --> 00:35:53,440
either a youtuber in the skeptical forum

1036
00:35:59,270 --> 00:35:56,640
and uh the said the person said

1037
00:36:01,030 --> 00:35:59,280
this person doesn't understand the

1038
00:36:04,470 --> 00:36:01,040

difference between

1039

00:36:09,109 --> 00:36:04,480

judging that is discernment and being

1040

00:36:12,150 --> 00:36:09,119

judgmental having a predisposed you know

1041

00:36:13,670 --> 00:36:12,160

bias on people i think discernment is

1042

00:36:16,950 --> 00:36:13,680

like a really good thing

1043

00:36:18,790 --> 00:36:16,960

i think ian that the data doesn't

1044

00:36:20,630 --> 00:36:18,800

again getting back to the data that's

1045

00:36:22,230 --> 00:36:20,640

what i told ian i said well ian you can

1046

00:36:24,829 --> 00:36:22,240

have your opinion but the data

1047

00:36:26,550 --> 00:36:24,839

isn't on your side jeff long has

1048

00:36:29,510 --> 00:36:26,560

collected

1049

00:36:30,510 --> 00:36:29,520

thousands of near-death experiencers and

1050

00:36:33,430 --> 00:36:30,520

the data

1051

00:36:35,750 --> 00:36:33,440

overwhelmingly contradicts

1052

00:36:37,270 --> 00:36:35,760

your experience that doesn't mean your

1053

00:36:38,950 --> 00:36:37,280

experience is wrong that doesn't mean we

1054

00:36:42,790 --> 00:36:38,960

can't hear your experience

1055

00:36:44,470 --> 00:36:42,800

but i my discernment my judgment is

1056

00:36:46,150 --> 00:36:44,480

you're probably making a mistake there

1057

00:36:48,630 --> 00:36:46,160

buds you need to kind of

1058

00:36:49,510 --> 00:36:48,640

loosen up on what you think you know as

1059

00:36:50,950 --> 00:36:49,520

long as you're there

1060

00:36:53,829 --> 00:36:50,960

i want to get to the rest of that story

1061

00:36:54,470 --> 00:36:53,839

but i'll interject here with a little a

1062

00:36:57,430 --> 00:36:54,480

clip

1063

00:36:58,870 --> 00:36:57,440

that i think is going to further this

1064

00:37:00,230 --> 00:36:58,880

discussion maybe in a way that you'll

1065

00:37:01,030 --> 00:37:00,240

like maybe in a way you don't like i

1066

00:37:02,470 --> 00:37:01,040

don't know

1067

00:37:03,910 --> 00:37:02,480

oh i'll like it because i've interviewed

1068

00:37:05,030 --> 00:37:03,920

him that's one of my more popular

1069

00:37:08,150 --> 00:37:05,040

interviews

1070

00:37:11,270 --> 00:37:08,160

great i interviewed him i i really

1071

00:37:15,349 --> 00:37:11,280

just to say that i found

1072

00:37:18,710 --> 00:37:15,359

his views and his certainty offensive

1073

00:37:21,190 --> 00:37:18,720

would be a bit of an overstatement

1074

00:37:24,550 --> 00:37:21,200

but not too much of one let me play you

1075

00:37:26,230 --> 00:37:24,560

the clip from my interview with him

1076

00:37:28,550 --> 00:37:26,240

scientists tell us that the giant

1077

00:37:30,230 --> 00:37:28,560

tsunami wave that devastated southeast

1078

00:37:33,990 --> 00:37:30,240

asia in 2004

1079

00:37:36,150 --> 00:37:34,000

wasn't as big as we usually imagine

1080

00:37:37,270 --> 00:37:36,160

it's not that they got hit by a 20-foot

1081

00:37:48,829 --> 00:37:37,280

tall wave

1082

00:37:48,839 --> 00:37:51,990

impossible

1083

00:37:59,030 --> 00:37:55,109

it's that they got crushed by a 20-foot

1084

00:38:02,470 --> 00:37:59,040

wall of water that was miles and miles

1085

00:38:07,589 --> 00:38:04,550

and the human suffering that it brought

1086

00:38:11,109 --> 00:38:07,599

is unimaginable

1087

00:38:13,349 --> 00:38:11,119

hundreds of thousands died millions of

1088

00:38:16,829 --> 00:38:13,359

lives were destroyed

1089

00:38:18,390 --> 00:38:16,839

and the devastation will go on for

1090

00:38:21,270 --> 00:38:18,400

generations

1091

00:38:22,710 --> 00:38:21,280

but maybe not you'll remember that a

1092

00:38:25,349 --> 00:38:22,720

number of years ago

1093

00:38:27,430 --> 00:38:25,359

there was a natural disaster in

1094

00:38:28,710 --> 00:38:27,440

southeast asia there was a typhoon a

1095

00:38:30,829 --> 00:38:28,720

monsoon

1096

00:38:32,069 --> 00:38:30,839

that killed about a hundred thousand

1097

00:38:35,190 --> 00:38:32,079

people

1098

00:38:36,950 --> 00:38:35,200

i've asked about that event in

1099

00:38:38,470 --> 00:38:36,960

the research i've done for your souls

1100

00:38:40,950 --> 00:38:38,480

planning your souls gift

1101

00:38:41,990 --> 00:38:40,960

and what i was told in the channeling

1102

00:38:46,150 --> 00:38:42,000

sessions

1103

00:38:47,589 --> 00:38:46,160

is that those 100 000 or so souls before

1104

00:38:49,190 --> 00:38:47,599

they were born

1105

00:38:51,109 --> 00:38:49,200

they looked at the earth and they said

1106

00:38:54,069 --> 00:38:51,119

basically we would like

1107

00:38:55,270 --> 00:38:54,079

the earth as a planet as a whole to be

1108

00:38:57,510 --> 00:38:55,280

at a certain frequency

1109

00:38:58,710 --> 00:38:57,520

or vibration by a certain point in

1110

00:39:00,630 --> 00:38:58,720

linear time

1111

00:39:02,310 --> 00:39:00,640

and if it looks as though the earth is

1112

00:39:04,150 --> 00:39:02,320

not going to get there

1113

00:39:06,710 --> 00:39:04,160

we agree to give our lives in a

1114

00:39:07,510 --> 00:39:06,720

large-scale natural disaster because we

1115

00:39:09,910 --> 00:39:07,520

know

1116

00:39:12,069 --> 00:39:09,920

that the result of that disaster will be

1117

00:39:15,030 --> 00:39:12,079

a worldwide outpouring of love

1118

00:39:16,870 --> 00:39:15,040

and support and aid and compassion it

1119

00:39:18,230 --> 00:39:16,880

will elevate the frequency of the entire

1120

00:39:21,589 --> 00:39:18,240

planet

1121

00:39:25,109 --> 00:39:21,599

i find rob's uh

1122

00:39:28,150 --> 00:39:25,119

answer explanation interpretation

1123

00:39:29,270 --> 00:39:28,160

of those world events not only very

1124

00:39:32,230 --> 00:39:29,280

unsatisfying

1125

00:39:32,870 --> 00:39:32,240

i find them offensive in a in a number

1126

00:39:34,950 --> 00:39:32,880

of ways

1127

00:39:36,470 --> 00:39:34,960

so that's okay maybe he's right maybe he

1128

00:39:38,150 --> 00:39:36,480

knows the mind of god

1129

00:39:39,670 --> 00:39:38,160

better than i do maybe he's had a

1130

00:39:43,270 --> 00:39:39,680

download that

1131

00:39:44,790 --> 00:39:43,280

i didn't have but you know first off i

1132

00:39:48,310 --> 00:39:44,800

don't like people who get their figures

1133

00:39:50,790 --> 00:39:48,320

wrong so 225 000 not 100 000 people died

1134

00:39:52,790 --> 00:39:50,800

from that disaster so

1135

00:39:53,910 --> 00:39:52,800

rob get get your numbers straight right

1136

00:39:57,510 --> 00:39:53,920

off the bat but

1137

00:39:59,910 --> 00:39:57,520

i don't know yeah so there's

1138

00:40:00,950 --> 00:39:59,920

i hear a lot of discussion around this

1139

00:40:03,349 --> 00:40:00,960

and i

1140

00:40:04,390 --> 00:40:03,359

i tread lightly because people need to

1141

00:40:07,270 --> 00:40:04,400

go through grief

1142

00:40:08,630 --> 00:40:07,280

and we don't need to shut victims down

1143

00:40:11,190 --> 00:40:08,640

of crimes or

1144

00:40:13,030 --> 00:40:11,200

of the loss of massive amounts of human

1145

00:40:13,670 --> 00:40:13,040

life and say don't grieve or don't be

1146

00:40:15,109 --> 00:40:13,680

sad

1147

00:40:17,030 --> 00:40:15,119

or don't go through the stages of

1148

00:40:19,430 --> 00:40:17,040

grieving when you go through something

1149

00:40:21,510 --> 00:40:19,440

because you are human and that's a real

1150

00:40:24,390 --> 00:40:21,520

loss and i think it takes away

1151

00:40:26,470 --> 00:40:24,400

the humanity of an experience to you

1152

00:40:28,790 --> 00:40:26,480

know victim blame or to say oh

1153

00:40:29,750 --> 00:40:28,800

the souls are fine on that level are

1154

00:40:32,309 --> 00:40:29,760

they fine

1155

00:40:32,790 --> 00:40:32,319

possibly because that that is the way it

1156

00:40:35,510 --> 00:40:32,800

felt

1157

00:40:36,230 --> 00:40:35,520

on the other side when i was told souls

1158

00:40:38,630 --> 00:40:36,240

are either

1159

00:40:40,230 --> 00:40:38,640

covered with fear or light it looked

1160

00:40:43,270 --> 00:40:40,240

really simple i didn't think of

1161

00:40:45,510 --> 00:40:43,280

fear as someone being a murderer or

1162

00:40:47,349 --> 00:40:45,520

rapist or anti-semitic or you know like

1163

00:40:49,109 --> 00:40:47,359

i didn't look at that darkness as

1164

00:40:51,030 --> 00:40:49,119

some of the really horrible things that

1165

00:40:53,270 --> 00:40:51,040

it might be i just looked at it as

1166

00:40:54,390 --> 00:40:53,280

ah they're not connected to god in the

1167

00:40:56,309 --> 00:40:54,400

story and

1168

00:40:58,630 --> 00:40:56,319

it would be really simple to connect

1169

00:41:01,030 --> 00:40:58,640

them to god it's not simple

1170

00:41:02,230 --> 00:41:01,040

we're attacked on so many levels uh just

1171

00:41:04,390 --> 00:41:02,240

being out in the public

1172

00:41:05,349 --> 00:41:04,400

you know energetically realistically

1173

00:41:08,150 --> 00:41:05,359

it's really

1174

00:41:10,550 --> 00:41:08,160

it's fascinating that that on the other

1175

00:41:14,550 --> 00:41:10,560

side it looks very simple so maybe he's

1176

00:41:15,990 --> 00:41:14,560

tapping into souls do take on plans or

1177

00:41:18,710 --> 00:41:16,000

they do take on

1178

00:41:19,270 --> 00:41:18,720

a journey that on the other side seems a

1179

00:41:22,870 --> 00:41:19,280

lot

1180

00:41:26,870 --> 00:41:25,750

yeah maybe he's wrong too yeah maybe he

1181

00:41:29,670 --> 00:41:26,880

got the message

1182

00:41:31,030 --> 00:41:29,680

maybe you know everyone has done people

1183

00:41:32,950 --> 00:41:31,040

in the extended realm over and over

1184

00:41:36,470 --> 00:41:32,960

again we hear about a download

1185

00:41:39,750 --> 00:41:36,480

and then we hear about as you alluded to

1186

00:41:42,710 --> 00:41:39,760

before you know how that download

1187

00:41:43,589 --> 00:41:42,720

plays out in terms of somebody creating

1188

00:41:46,950 --> 00:41:43,599

a cult or

1189

00:41:50,150 --> 00:41:46,960

you know becoming a power hungry guru i

1190

00:41:51,190 --> 00:41:50,160

interviewed a pretty well-known

1191

00:41:55,790 --> 00:41:51,200

anthropologist

1192

00:41:58,710 --> 00:41:55,800

from canada who wrote a book on um

1193

00:42:01,990 --> 00:41:58,720

self-aggrandizement and these shaman

1194

00:42:04,550 --> 00:42:02,000

in these native cultures who you know

1195

00:42:05,190 --> 00:42:04,560

were genuine shaman were in the extended

1196

00:42:06,870 --> 00:42:05,200

realm

1197

00:42:09,430 --> 00:42:06,880

and their message when they came back

1198

00:42:11,910 --> 00:42:09,440

was hey pal

1199

00:42:13,910 --> 00:42:11,920

let me sleep with your wife that's what

1200

00:42:14,790 --> 00:42:13,920

they told me that if i sleep with your

1201
00:42:17,349 --> 00:42:14,800
wife then

1202
00:42:18,550 --> 00:42:17,359
i can pass along to you some of the

1203
00:42:21,829 --> 00:42:18,560
stuff that i'm

1204
00:42:24,069 --> 00:42:21,839
learning over there you know i mean

1205
00:42:25,190 --> 00:42:24,079
we see this over and over again in in

1206
00:42:27,270 --> 00:42:25,200
cults and

1207
00:42:29,190 --> 00:42:27,280
it's not to dismiss that these people

1208
00:42:31,829 --> 00:42:29,200
have not connected with

1209
00:42:33,670 --> 00:42:31,839
this extended realm they seem to be

1210
00:42:35,910 --> 00:42:33,680
maybe connecting with a different part

1211
00:42:39,190 --> 00:42:35,920
of that extended realm

1212
00:42:40,470 --> 00:42:39,200
that has a different agenda but they are

1213
00:42:43,270 --> 00:42:40,480

nonetheless

1214

00:42:43,670 --> 00:42:43,280

connecting with this larger extended

1215

00:42:47,030 --> 00:42:43,680

realm

1216

00:42:49,589 --> 00:42:47,040

that our current scientific minded

1217

00:42:50,550 --> 00:42:49,599

culture has completely excluded from our

1218

00:42:53,349 --> 00:42:50,560

examination

1219

00:42:54,950 --> 00:42:53,359

so i'm kind of getting into more and

1220

00:42:56,550 --> 00:42:54,960

more things there that that we won't

1221

00:42:58,230 --> 00:42:56,560

have a chance to button down

1222

00:42:59,670 --> 00:42:58,240

but i don't think rob is right i think

1223

00:43:01,589 --> 00:42:59,680

rob needs to check himself

1224

00:43:03,190 --> 00:43:01,599

i i and and what really gets me about

1225

00:43:05,190 --> 00:43:03,200

rob is his certainty

1226
00:43:07,430 --> 00:43:05,200
his absolute certainty that i've written

1227
00:43:10,069 --> 00:43:07,440
the book on god's plan

1228
00:43:11,510 --> 00:43:10,079
so i know the mind of god and here it is

1229
00:43:12,069 --> 00:43:11,520
i'll just tell it to you right here you

1230
00:43:13,750 --> 00:43:12,079
don't have to

1231
00:43:15,750 --> 00:43:13,760
just buy it in my book it's red i mean

1232
00:43:18,630 --> 00:43:15,760
come on that discernment

1233
00:43:19,829 --> 00:43:18,640
discernment discernment if i can let me

1234
00:43:21,510 --> 00:43:19,839
put a pause on that because i want to

1235
00:43:22,870 --> 00:43:21,520
get back to your story because i think

1236
00:43:27,589 --> 00:43:22,880
it's

1237
00:43:29,910 --> 00:43:27,599
you do

1238
00:43:31,829 --> 00:43:29,920

and and how that came out of some of

1239

00:43:33,109 --> 00:43:31,839

your additional experiences i don't want

1240

00:43:34,309 --> 00:43:33,119

you to share anything that you're not

1241

00:43:36,069 --> 00:43:34,319

comfortable with but you've shared a lot

1242

00:43:39,349 --> 00:43:36,079

of this stuff before so

1243

00:43:42,550 --> 00:43:39,359

i think it's you know part of the story

1244

00:43:43,109 --> 00:43:42,560

yeah so to continue my story it took

1245

00:43:45,430 --> 00:43:43,119

about

1246

00:43:46,150 --> 00:43:45,440

i was in a body cast in texas in the

1247

00:43:48,710 --> 00:43:46,160

summer

1248

00:43:49,670 --> 00:43:48,720

for four months which is a massive

1249

00:43:51,750 --> 00:43:49,680

amount of time

1250

00:43:53,349 --> 00:43:51,760

if you can imagine 100 degree weather

1251
00:43:56,790 --> 00:43:53,359
learning to walk again

1252
00:43:58,069 --> 00:43:56,800
and basically i healed really quickly i

1253
00:43:59,829 --> 00:43:58,079
meditated a lot

1254
00:44:01,670 --> 00:43:59,839
and returned to college and i was a

1255
00:44:04,069 --> 00:44:01,680
different person and that's one of the

1256
00:44:04,710 --> 00:44:04,079
key elements of near-death experiences

1257
00:44:06,790 --> 00:44:04,720
is i was

1258
00:44:08,630 --> 00:44:06,800
interested in other things i started

1259
00:44:10,950 --> 00:44:08,640
going to meditation groups with a bunch

1260
00:44:11,510 --> 00:44:10,960
of old hippies and here was this 22 year

1261
00:44:13,829 --> 00:44:11,520
old

1262
00:44:15,030 --> 00:44:13,839
kid you know in all these groups doing

1263
00:44:17,190 --> 00:44:15,040

yoga and

1264

00:44:18,309 --> 00:44:17,200

just living a different life really

1265

00:44:21,349 --> 00:44:18,319

focused on health

1266

00:44:23,190 --> 00:44:21,359

and and wellness and

1267

00:44:24,550 --> 00:44:23,200

then i followed the mission i got my

1268

00:44:26,790 --> 00:44:24,560

teaching certification

1269

00:44:27,670 --> 00:44:26,800

before i went to teach in public schools

1270

00:44:29,510 --> 00:44:27,680

in the us

1271

00:44:31,190 --> 00:44:29,520

i thought i'll travel a little i'll

1272

00:44:33,430 --> 00:44:31,200

teach in in southeast

1273

00:44:34,309 --> 00:44:33,440

asia or somewhere from you know china

1274

00:44:36,790 --> 00:44:34,319

and i looked into

1275

00:44:37,430 --> 00:44:36,800

different places japan ended up in south

1276

00:44:39,270 --> 00:44:37,440

korea

1277

00:44:40,630 --> 00:44:39,280

which was a wonderful experience you

1278

00:44:43,990 --> 00:44:40,640

know to live overseas

1279

00:44:46,069 --> 00:44:44,000

and to experience that culture but i did

1280

00:44:47,270 --> 00:44:46,079

experience sexual assault in a foreign

1281

00:44:49,510 --> 00:44:47,280

country and

1282

00:44:51,270 --> 00:44:49,520

you don't have the same rights there

1283

00:44:53,270 --> 00:44:51,280

that a citizen would have

1284

00:44:54,790 --> 00:44:53,280

and so there was no prosecution there

1285

00:44:57,030 --> 00:44:54,800

was no

1286

00:44:58,230 --> 00:44:57,040

investigation and that was horrifying on

1287

00:45:00,230 --> 00:44:58,240

so many levels

1288

00:45:01,589 --> 00:45:00,240

a lot of people who experience sexual

1289

00:45:03,510 --> 00:45:01,599

assault here also

1290

00:45:05,190 --> 00:45:03,520

don't get you know justice and that's a

1291

00:45:08,309 --> 00:45:05,200

really long complicated

1292

00:45:11,430 --> 00:45:08,319

subject i felt like all that light

1293

00:45:13,510 --> 00:45:11,440

and all that beauty was just shoved back

1294

00:45:14,710 --> 00:45:13,520

into this human experience and now had a

1295

00:45:17,589 --> 00:45:14,720

real trauma

1296

00:45:19,190 --> 00:45:17,599

to overcome and i thought okay well i do

1297

00:45:20,470 --> 00:45:19,200

have some knowledge from the other side

1298

00:45:23,670 --> 00:45:20,480

how am i going to heal this

1299

00:45:24,950 --> 00:45:23,680

and it was a long journey i the first

1300

00:45:26,470 --> 00:45:24,960

year you're in shock

1301
00:45:28,230 --> 00:45:26,480
you know the second year you're

1302
00:45:31,030 --> 00:45:28,240
beginning to process things

1303
00:45:32,550 --> 00:45:31,040
in in therapy but honestly what helped

1304
00:45:34,950 --> 00:45:32,560
the most was being

1305
00:45:36,470 --> 00:45:34,960
that voice that could help kids who

1306
00:45:37,829 --> 00:45:36,480
experience sexual assault in their

1307
00:45:39,750 --> 00:45:37,839
families or

1308
00:45:41,670 --> 00:45:39,760
you know date rape or other experiences

1309
00:45:43,349 --> 00:45:41,680
and get them the resources and the help

1310
00:45:44,710 --> 00:45:43,359
and the healing that they needed and if

1311
00:45:46,550 --> 00:45:44,720
i didn't do that healing

1312
00:45:47,750 --> 00:45:46,560
i wasn't going to be able to show them

1313
00:45:49,430 --> 00:45:47,760

how to do it so

1314

00:45:51,510 --> 00:45:49,440

it's really a whole lot more common than

1315

00:45:53,670 --> 00:45:51,520

we realize and they were even

1316

00:45:54,950 --> 00:45:53,680

in the book i read about a young boy who

1317

00:45:57,990 --> 00:45:54,960

was sexually assaulted

1318

00:45:59,190 --> 00:45:58,000

and still processing that from when it

1319

00:46:01,030 --> 00:45:59,200

happened when he was a kid

1320

00:46:02,470 --> 00:46:01,040

to when he was an eighth grader and

1321

00:46:05,430 --> 00:46:02,480

there's there's so

1322

00:46:06,630 --> 00:46:05,440

many kids who are going through that and

1323

00:46:09,430 --> 00:46:06,640

it's almost like they

1324

00:46:10,069 --> 00:46:09,440

understood they could talk to me and we

1325

00:46:13,349 --> 00:46:10,079

definitely

1326
00:46:15,270 --> 00:46:13,359
need to revamp sex ed in in the united

1327
00:46:15,910 --> 00:46:15,280
states and just be realistic about it

1328
00:46:18,630 --> 00:46:15,920
and safe

1329
00:46:19,349 --> 00:46:18,640
about it and just understand that kids

1330
00:46:22,390 --> 00:46:19,359
who have been

1331
00:46:22,790 --> 00:46:22,400
raped might be sexually active and they

1332
00:46:25,349 --> 00:46:22,800
need

1333
00:46:28,150 --> 00:46:25,359
information about how to heal themselves

1334
00:46:30,630 --> 00:46:28,160
emotionally how to have safe sex and and

1335
00:46:31,190 --> 00:46:30,640
you know take some of the religious

1336
00:46:33,190 --> 00:46:31,200
dogma

1337
00:46:34,870 --> 00:46:33,200
around that element out of schools and

1338
00:46:38,230 --> 00:46:34,880

really get to healing

1339

00:46:40,630 --> 00:46:38,240

and that was i think part of

1340

00:46:41,829 --> 00:46:40,640

what i experienced in order to become a

1341

00:46:44,150 --> 00:46:41,839

better

1342

00:46:46,550 --> 00:46:44,160

healer in this sense with with kids and

1343

00:46:49,990 --> 00:46:46,560

to just understand the human experience

1344

00:46:51,109 --> 00:46:50,000

because a lot of teachers had judgment

1345

00:46:53,670 --> 00:46:51,119

and they didn't

1346

00:46:55,349 --> 00:46:53,680

use opportunities to connect with kids

1347

00:46:57,030 --> 00:46:55,359

they'd see bad behavior

1348

00:46:59,270 --> 00:46:57,040

and they'd make a judgment about that

1349

00:47:01,829 --> 00:46:59,280

kid send them to detention where i'd go

1350

00:47:03,510 --> 00:47:01,839

in and say what's going on in your life

1351
00:47:05,510 --> 00:47:03,520
what why are you acting this way and

1352
00:47:06,470 --> 00:47:05,520
often find abuse whether it's physical

1353
00:47:08,790 --> 00:47:06,480
sexual or

1354
00:47:10,150 --> 00:47:08,800
emotional and then start dealing with

1355
00:47:12,790 --> 00:47:10,160
that what even if the

1356
00:47:15,270 --> 00:47:12,800
cps system couldn't help them i could at

1357
00:47:17,510 --> 00:47:15,280
least give them insight and how to

1358
00:47:19,030 --> 00:47:17,520
grow and heal beyond that in their life

1359
00:47:21,109 --> 00:47:19,040
so that was a big

1360
00:47:22,069 --> 00:47:21,119
part of teaching in the public school

1361
00:47:23,990 --> 00:47:22,079
system that

1362
00:47:25,750 --> 00:47:24,000
i kind of changed in my way of looking

1363
00:47:28,630 --> 00:47:25,760

at the world

1364

00:47:29,430 --> 00:47:28,640

was it hard to write about it yes it

1365

00:47:31,270 --> 00:47:29,440

believe it or not

1366

00:47:32,950 --> 00:47:31,280

not my own experience i've done enough

1367

00:47:33,910 --> 00:47:32,960

therapy you know to where i'm perfectly

1368

00:47:36,150 --> 00:47:33,920

fine around that

1369

00:47:37,190 --> 00:47:36,160

what was hard was putting it in the book

1370

00:47:40,230 --> 00:47:37,200

and my editor was

1371

00:47:42,309 --> 00:47:40,240

making me think about this on

1372

00:47:44,069 --> 00:47:42,319

a larger level and saying okay you're

1373

00:47:45,670 --> 00:47:44,079

the voice for a lot of people who may

1374

00:47:47,190 --> 00:47:45,680

never speak this what are you going to

1375

00:47:48,069 --> 00:47:47,200

say about rape culture what are you

1376

00:47:49,910 --> 00:47:48,079

going to say

1377

00:47:52,150 --> 00:47:49,920

about it in south korea and america and

1378

00:47:53,190 --> 00:47:52,160

other places you know are you going to

1379

00:47:55,589 --> 00:47:53,200

make a stand

1380

00:47:56,790 --> 00:47:55,599

are you going to lift up people and be

1381

00:47:58,950 --> 00:47:56,800

their voice and that was

1382

00:48:00,309 --> 00:47:58,960

a heavy responsibility i was like no i'm

1383

00:48:02,870 --> 00:48:00,319

just telling my story

1384

00:48:04,790 --> 00:48:02,880

just i'm writing my story like a memoir

1385

00:48:06,069 --> 00:48:04,800

i'm not trying to be a voice for others

1386

00:48:07,430 --> 00:48:06,079

and then he said well then you're not

1387

00:48:10,309 --> 00:48:07,440

stepping into your power

1388

00:48:10,870 --> 00:48:10,319

that's what you need to do so to some

1389

00:48:13,910 --> 00:48:10,880

degree

1390

00:48:15,750 --> 00:48:13,920

i know that i have said

1391

00:48:17,270 --> 00:48:15,760

this for the sake of all the people who

1392

00:48:19,430 --> 00:48:17,280

won't say it

1393

00:48:20,309 --> 00:48:19,440

and certainly they write to me and that

1394

00:48:23,109 --> 00:48:20,319

has become

1395

00:48:24,630 --> 00:48:23,119

you know a big part of of i guess the

1396

00:48:25,589 --> 00:48:24,640

communication that i have with a lot of

1397

00:48:28,549 --> 00:48:25,599

people

1398

00:48:29,990 --> 00:48:28,559

well that's uh that's you know that's

1399

00:48:33,109 --> 00:48:30,000

amazing

1400

00:48:37,670 --> 00:48:33,119

i've kind of stumbled into this uh

1401

00:48:41,349 --> 00:48:37,680

topic of sexual abuse um

1402

00:48:43,030 --> 00:48:41,359

particularly satanic ritual

1403

00:48:44,390 --> 00:48:43,040

abuse which is something a lot of people

1404

00:48:46,069 --> 00:48:44,400

don't want to look at a lot of people

1405

00:48:49,670 --> 00:48:46,079

want to deny

1406

00:48:52,950 --> 00:48:49,680

and if you look at it honestly

1407

00:48:55,670 --> 00:48:52,960

it's completely undeniable i mean it's

1408

00:48:58,390 --> 00:48:55,680

proven over and over again what's worse

1409

00:49:04,470 --> 00:49:01,990

the connections it has to for example

1410

00:49:06,069 --> 00:49:04,480

our some of our religious institutions

1411

00:49:09,030 --> 00:49:06,079

is kind of well known

1412

00:49:10,069 --> 00:49:09,040

you know but also some of our uh

1413

00:49:13,270 --> 00:49:10,079

political

1414

00:49:15,670 --> 00:49:13,280

figures that's been explored

1415

00:49:17,430 --> 00:49:15,680

and exposed you know like lately with

1416

00:49:18,870 --> 00:49:17,440

the jeffrey epstein thing but anyone

1417

00:49:21,349 --> 00:49:18,880

who's paying attention

1418

00:49:23,910 --> 00:49:21,359

that stuff goes back well documented

1419

00:49:26,069 --> 00:49:23,920

well documented in the 90s

1420

00:49:28,950 --> 00:49:26,079

with the whole franklin scandal well

1421

00:49:32,150 --> 00:49:28,960

documented in the 70s and 80s

1422

00:49:33,829 --> 00:49:32,160

with the finders cult where the cia was

1423

00:49:37,829 --> 00:49:33,839

actually using

1424

00:49:42,630 --> 00:49:37,839

sexual blackmail as a tool

1425

00:49:45,349 --> 00:49:42,640

against you know if you're a cia guy

1426

00:49:46,870 --> 00:49:45,359

and you're already in the when it all

1427

00:49:49,270 --> 00:49:46,880

costs things

1428

00:49:50,069 --> 00:49:49,280

the idea that you can take some

1429

00:49:53,109 --> 00:49:50,079

eight-year-old

1430

00:49:56,390 --> 00:49:53,119

six-year-old boy or girl

1431

00:49:59,589 --> 00:49:56,400

and you know

1432

00:50:00,870 --> 00:49:59,599

compromise some foreign dignitary or

1433

00:50:03,030 --> 00:50:00,880

some

1434

00:50:04,069 --> 00:50:03,040

not foreign you know in this country

1435

00:50:06,870 --> 00:50:04,079

person

1436

00:50:08,390 --> 00:50:06,880

and get them in on tape with that i mean

1437

00:50:11,589 --> 00:50:08,400

that's just the ultimate prize

1438

00:50:14,390 --> 00:50:11,599

it's it's worth more than years of

1439

00:50:16,470 --> 00:50:14,400

surveillance and doing it the hard way

1440

00:50:17,910 --> 00:50:16,480

but it's soul crushing and it's evil in

1441

00:50:20,790 --> 00:50:17,920

a way

1442

00:50:22,630 --> 00:50:20,800

so understanding all that you know and

1443

00:50:24,549 --> 00:50:22,640

talking to

1444

00:50:26,069 --> 00:50:24,559

people like i think i mentioned to you

1445

00:50:28,069 --> 00:50:26,079

in that last brief chat we had i

1446

00:50:30,390 --> 00:50:28,079

had my conversation with annika lucas

1447

00:50:32,870 --> 00:50:30,400

was particularly

1448

00:50:33,990 --> 00:50:32,880

meaningful and i connected because she's

1449

00:50:36,790 --> 00:50:34,000

used yoga

1450

00:50:38,230 --> 00:50:36,800

and meditation and other things to kind

1451
00:50:43,349 --> 00:50:38,240
of

1452
00:50:46,950 --> 00:50:43,359
mother sold her into

1453
00:50:48,150 --> 00:50:46,960
sex slavery in a belgian satanic cult

1454
00:50:51,910 --> 00:50:48,160
the one that you see

1455
00:50:53,910 --> 00:50:51,920
if you just go in the 90s the ones that

1456
00:50:55,349 --> 00:50:53,920
was connected to the highest levels of

1457
00:50:58,950 --> 00:50:55,359
government throughout europe

1458
00:51:01,430 --> 00:50:58,960
that's the one she doesn't like to name

1459
00:51:03,270 --> 00:51:01,440
names because 25 of the people connected

1460
00:51:04,390 --> 00:51:03,280
with that case were murdered before it

1461
00:51:06,309 --> 00:51:04,400
went to trial

1462
00:51:07,430 --> 00:51:06,319
but they still did convict a couple of

1463
00:51:11,750 --> 00:51:07,440

them but it's so

1464

00:51:14,710 --> 00:51:11,760

freaking real but imagine six years old

1465

00:51:15,190 --> 00:51:14,720

your mother you know because her mother

1466

00:51:18,069 --> 00:51:15,200

was

1467

00:51:20,069 --> 00:51:18,079

not stable you know and the thing about

1468

00:51:23,190 --> 00:51:20,079

the satanic ritual abuse is that

1469

00:51:26,790 --> 00:51:23,200

it's cracking people open in order to

1470

00:51:28,549 --> 00:51:26,800

spiritually interfere with them so

1471

00:51:30,309 --> 00:51:28,559

i know i'm doing kind of a mind dump

1472

00:51:32,950 --> 00:51:30,319

here but not really

1473

00:51:33,589 --> 00:51:32,960

because one of the things that's lacking

1474

00:51:36,950 --> 00:51:33,599

in

1475

00:51:42,150 --> 00:51:36,960

the near-death experience community

1476

00:51:45,910 --> 00:51:42,160

is an ability to come to grips with

1477

00:51:49,349 --> 00:51:45,920

that kind of evil that kind of extended

1478

00:51:50,069 --> 00:51:49,359

consciousness evil i think from what

1479

00:51:53,270 --> 00:51:50,079

i've learned

1480

00:51:56,630 --> 00:51:53,280

that you are totally on it in terms of

1481

00:51:58,470 --> 00:51:56,640

your bottom line conclusion which is to

1482

00:51:59,910 --> 00:51:58,480

basically just find the light and keep

1483

00:52:01,510 --> 00:51:59,920

finding the light and keep finding the

1484

00:52:05,430 --> 00:52:01,520

light and keep finding the light

1485

00:52:07,829 --> 00:52:05,440

and don't be discouraged but

1486

00:52:10,309 --> 00:52:07,839

i think that i'd like to see more people

1487

00:52:13,430 --> 00:52:10,319

bring that message forth

1488

00:52:16,829 --> 00:52:13,440

after acknowledging you know

1489

00:52:18,510 --> 00:52:16,839

what folks are going through and not

1490

00:52:21,510 --> 00:52:18,520

reducing

1491

00:52:25,990 --> 00:52:21,520

225 000 people

1492

00:52:29,030 --> 00:52:26,000

dying as some environmental project that

1493

00:52:29,589 --> 00:52:29,040

god had planned all along so don't worry

1494

00:52:31,990 --> 00:52:29,599

about it

1495

00:52:33,589 --> 00:52:32,000

to me that sounds a lot like you're a

1496

00:52:35,270 --> 00:52:33,599

biological robot in a meaningless

1497

00:52:36,790 --> 00:52:35,280

universe so your life doesn't matter

1498

00:52:38,710 --> 00:52:36,800

anyway

1499

00:52:40,390 --> 00:52:38,720

yeah i'm way more interested in the

1500

00:52:42,309 --> 00:52:40,400

healing aspect and

1501

00:52:43,750 --> 00:52:42,319

since i've started speaking publicly

1502

00:52:45,829 --> 00:52:43,760

about this i have connected

1503

00:52:47,190 --> 00:52:45,839

with people there's one man jackson

1504

00:52:50,230 --> 00:52:47,200

hanks who

1505

00:52:51,910 --> 00:52:50,240

he was he's a lawyer in my town of all

1506

00:52:54,069 --> 00:52:51,920

things in texas and he was

1507

00:52:55,190 --> 00:52:54,079

richly abused by satanic cult when he

1508

00:52:58,150 --> 00:52:55,200

was a kid

1509

00:52:59,270 --> 00:52:58,160

and he's had to process this and writes

1510

00:53:01,910 --> 00:52:59,280

openly about it

1511

00:53:02,470 --> 00:53:01,920

and it's horrifying i mean the book is

1512

00:53:05,829 --> 00:53:02,480

hard

1513

00:53:06,390 --> 00:53:05,839

to read but he has focused so much of

1514

00:53:08,790 --> 00:53:06,400

his life

1515

00:53:10,069 --> 00:53:08,800

on healing and then helping other abuse

1516

00:53:13,030 --> 00:53:10,079

survivors

1517

00:53:14,549 --> 00:53:13,040

find ways to heal working with shamans

1518

00:53:15,510 --> 00:53:14,559

and past life regressionists and you

1519

00:53:17,750 --> 00:53:15,520

know all kinds

1520

00:53:18,549 --> 00:53:17,760

of people and i certainly have a dump of

1521

00:53:20,549 --> 00:53:18,559

healing

1522

00:53:21,750 --> 00:53:20,559

modalities that i throw in at the end of

1523

00:53:23,829 --> 00:53:21,760

my book as well

1524

00:53:24,950 --> 00:53:23,839

it's a path for everyone and i think

1525

00:53:27,589 --> 00:53:24,960

that

1526

00:53:29,990 --> 00:53:27,599

everyone might find different modalities

1527

00:53:31,990 --> 00:53:30,000

that work for them i'm so glad she found

1528

00:53:33,030 --> 00:53:32,000

that modality and there's something

1529

00:53:35,430 --> 00:53:33,040

about looking

1530

00:53:36,950 --> 00:53:35,440

at the energy that is taken from you

1531

00:53:39,750 --> 00:53:36,960

when you experience

1532

00:53:41,990 --> 00:53:39,760

child abuse or rape it is an energetic

1533

00:53:43,750 --> 00:53:42,000

assault as well as a physical assault

1534

00:53:45,750 --> 00:53:43,760

and so that has to be healed that was

1535

00:53:46,549 --> 00:53:45,760

something that really came to me and i

1536

00:53:49,750 --> 00:53:46,559

saw

1537

00:53:50,069 --> 00:53:49,760

other rape survivors as if a cannon had

1538

00:53:51,750 --> 00:53:50,079

been

1539

00:53:53,270 --> 00:53:51,760

shot right through the center of their

1540

00:53:55,270 --> 00:53:53,280

being so it takes

1541

00:53:56,309 --> 00:53:55,280

power literally away from you you don't

1542

00:53:58,390 --> 00:53:56,319

have the power

1543

00:53:59,829 --> 00:53:58,400

to go out and fight in this world and

1544

00:54:03,910 --> 00:53:59,839

get ahead and

1545

00:54:05,750 --> 00:54:03,920

and so that yeah it is

1546

00:54:08,230 --> 00:54:05,760

they say it's not a crime of passion

1547

00:54:10,790 --> 00:54:08,240

sometimes it may be but i think it is a

1548

00:54:12,950 --> 00:54:10,800

way to extract power from another human

1549

00:54:16,390 --> 00:54:12,960

being to take something from them

1550

00:54:18,150 --> 00:54:16,400

and so when you reclaim that you get

1551
00:54:19,990 --> 00:54:18,160
more of your energy back but it's a long

1552
00:54:21,829 --> 00:54:20,000
process so

1553
00:54:23,670 --> 00:54:21,839
yeah i like people who focus on the

1554
00:54:25,670 --> 00:54:23,680
healing aspect of it and we do have to

1555
00:54:26,790 --> 00:54:25,680
have conversations about these things

1556
00:54:29,270 --> 00:54:26,800
because they're real

1557
00:54:30,230 --> 00:54:29,280
and they exist and with with just

1558
00:54:32,309 --> 00:54:30,240
staying only

1559
00:54:33,430 --> 00:54:32,319
in this topic of love and light and

1560
00:54:35,270 --> 00:54:33,440
that's all then

1561
00:54:37,829 --> 00:54:35,280
you're missing a world of suffering that

1562
00:54:40,789 --> 00:54:37,839
needs your healing

1563
00:54:41,190 --> 00:54:40,799

behind that darkness what what's behind

1564

00:54:51,270 --> 00:54:41,200

that

1565

00:54:54,870 --> 00:54:51,280

have any insights into

1566

00:54:58,470 --> 00:54:54,880

what's going on there in a way that that

1567

00:55:01,190 --> 00:54:58,480

can help yeah we need to create more

1568

00:55:03,349 --> 00:55:01,200

stable respectful human communities

1569

00:55:05,670 --> 00:55:03,359

where we have discussions like this

1570

00:55:07,030 --> 00:55:05,680

so that was one thing that i saw in a

1571

00:55:09,190 --> 00:55:07,040

classroom

1572

00:55:10,230 --> 00:55:09,200

i talked openly with students let them

1573

00:55:12,150 --> 00:55:10,240

talk openly

1574

00:55:13,990 --> 00:55:12,160

about what they've been through and how

1575

00:55:14,870 --> 00:55:14,000

to be respectful to one another when

1576

00:55:16,549 --> 00:55:14,880

they date

1577

00:55:19,190 --> 00:55:16,559

when they go out into the world when

1578

00:55:22,150 --> 00:55:19,200

they really just away from religion

1579

00:55:22,630 --> 00:55:22,160

and away from education just how do we

1580

00:55:25,349 --> 00:55:22,640

create

1581

00:55:25,829 --> 00:55:25,359

stable safe respectful human communities

1582

00:55:29,670 --> 00:55:25,839

that's

1583

00:55:32,950 --> 00:55:29,680

part of this

1584

00:55:34,789 --> 00:55:32,960

is people are afraid to talk about these

1585

00:55:37,270 --> 00:55:34,799

topics because it makes the money

1586

00:55:38,950 --> 00:55:37,280

and they don't know how to categorize it

1587

00:55:41,270 --> 00:55:38,960

and they don't know

1588

00:55:42,390 --> 00:55:41,280

uh what to do necessarily you know to

1589

00:55:45,270 --> 00:55:42,400

confront their

1590

00:55:46,309 --> 00:55:45,280

own um pain their own darkness the

1591

00:55:48,630 --> 00:55:46,319

things they suppress

1592

00:55:50,630 --> 00:55:48,640

so there's a lot of discussion i think

1593

00:55:52,870 --> 00:55:50,640

that needs to happen

1594

00:55:54,470 --> 00:55:52,880

you know one of the things that again

1595

00:55:55,670 --> 00:55:54,480

referencing back to annika lucas is one

1596

00:55:58,069 --> 00:55:55,680

of the things that she said that's

1597

00:55:59,750 --> 00:55:58,079

challenging to to me in a way but she

1598

00:56:02,950 --> 00:55:59,760

said

1599

00:56:04,230 --> 00:56:02,960

i mean that her i don't know what term

1600

00:56:06,069 --> 00:56:04,240

to put on this

1601
00:56:07,349 --> 00:56:06,079
because when you say abuser and stuff

1602
00:56:09,750 --> 00:56:07,359
like that

1603
00:56:11,510 --> 00:56:09,760
you're just really softening it in order

1604
00:56:13,910 --> 00:56:11,520
to make people not

1605
00:56:16,069 --> 00:56:13,920
i don't know flip out or stuff she was

1606
00:56:19,430 --> 00:56:16,079
raped thousands of times

1607
00:56:21,510 --> 00:56:19,440
as a kid you know tiny kid six years old

1608
00:56:23,589 --> 00:56:21,520
and she said she had to learn to look

1609
00:56:26,710 --> 00:56:23,599
into the eyes

1610
00:56:28,390 --> 00:56:26,720
of the perpetrators and in that this

1611
00:56:31,510 --> 00:56:28,400
relates to something you're saying

1612
00:56:35,910 --> 00:56:31,520
she saw the fear she saw the little

1613
00:56:38,549 --> 00:56:35,920

kid that had been traumatized and had

1614

00:56:42,950 --> 00:56:38,559

given over to

1615

00:56:47,030 --> 00:56:42,960

a darkness you know and that that was

1616

00:56:49,190 --> 00:56:47,040

what helped her kind of understand it

1617

00:56:52,309 --> 00:56:49,200

and get through it and i think it's

1618

00:56:54,710 --> 00:56:52,319

interesting that you said that um

1619

00:56:55,589 --> 00:56:54,720

which is again a more complex nuanced

1620

00:56:57,190 --> 00:56:55,599

thing that

1621

00:56:58,549 --> 00:56:57,200

you know these aren't crimes of passion

1622

00:57:00,549 --> 00:56:58,559

and then you simply sometimes they are

1623

00:57:02,549 --> 00:57:00,559

and i think you're right i mean

1624

00:57:04,390 --> 00:57:02,559

everything we all the experts tell us

1625

00:57:07,990 --> 00:57:04,400

these are primarily

1626

00:57:11,030 --> 00:57:08,000

crimes of domination control

1627

00:57:13,510 --> 00:57:11,040

of evil of darkness of

1628

00:57:14,150 --> 00:57:13,520

blockages of light that needs to be

1629

00:57:17,430 --> 00:57:14,160

released

1630

00:57:20,870 --> 00:57:17,440

in these unproductive ways

1631

00:57:22,549 --> 00:57:20,880

so again i guess i'd

1632

00:57:24,309 --> 00:57:22,559

you know ask i don't want to belabor

1633

00:57:26,549 --> 00:57:24,319

this too much but do you have any

1634

00:57:28,710 --> 00:57:26,559

thoughts about what's going on in that

1635

00:57:29,910 --> 00:57:28,720

in those darker realms and in particular

1636

00:57:32,470 --> 00:57:29,920

how you link that because i think you

1637

00:57:35,270 --> 00:57:32,480

link that quite beautifully to

1638

00:57:37,270 --> 00:57:35,280

you don't have to dwell on that you can

1639

00:57:40,870 --> 00:57:37,280

transmute it

1640

00:57:44,230 --> 00:57:40,880

transform it into lightness so

1641

00:57:45,270 --> 00:57:44,240

anything there wow that is quite a bit

1642

00:57:47,990 --> 00:57:45,280

to get into

1643

00:57:49,510 --> 00:57:48,000

how do you link that back what are some

1644

00:57:51,030 --> 00:57:49,520

of your thoughts about linking that back

1645

00:57:52,950 --> 00:57:51,040

to

1646

00:57:55,190 --> 00:57:52,960

what you were saying earlier and your

1647

00:57:55,829 --> 00:57:55,200

your spiritually transformative

1648

00:57:57,190 --> 00:57:55,839

experience

1649

00:57:59,430 --> 00:57:57,200

i mean i think some of the links there

1650

00:58:02,870 --> 00:57:59,440

are are quite obvious and you're

1651
00:58:05,270 --> 00:58:02,880
they're well made but deeper than that

1652
00:58:06,309 --> 00:58:05,280
i think there's go ahead deeper than

1653
00:58:08,230 --> 00:58:06,319
that is

1654
00:58:10,470 --> 00:58:08,240
letting go of fear even when you've been

1655
00:58:11,990 --> 00:58:10,480
through trauma and reconnecting to how

1656
00:58:13,990 --> 00:58:12,000
quickly can i heal

1657
00:58:15,910 --> 00:58:14,000
this is a time period of healing quicker

1658
00:58:17,109 --> 00:58:15,920
so we've seen some people who are bitter

1659
00:58:18,630 --> 00:58:17,119
about the child abuse they've been

1660
00:58:19,829 --> 00:58:18,640
through until they're 80 or 90 and they

1661
00:58:22,870 --> 00:58:19,839
die just bitter

1662
00:58:24,390 --> 00:58:22,880
at you know a family member no this is

1663
00:58:25,270 --> 00:58:24,400

the time period where we can reclaim

1664

00:58:27,349 --> 00:58:25,280

that energy

1665

00:58:28,710 --> 00:58:27,359

there's so much that we know about

1666

00:58:30,789 --> 00:58:28,720

energy work about

1667

00:58:31,990 --> 00:58:30,799

um trauma release and there's so many

1668

00:58:34,309 --> 00:58:32,000

people who are making

1669

00:58:35,510 --> 00:58:34,319

groundbreaking strides in that area that

1670

00:58:37,109 --> 00:58:35,520

we need to

1671

00:58:38,870 --> 00:58:37,119

remind people that you can heal

1672

00:58:40,309 --> 00:58:38,880

completely you can take all your power

1673

00:58:43,829 --> 00:58:40,319

back you can be

1674

00:58:45,750 --> 00:58:43,839

this fully functioning human being in

1675

00:58:47,750 --> 00:58:45,760

this world even after experiencing

1676
00:58:50,230 --> 00:58:47,760
trauma but you'll be more compassionate

1677
00:58:51,990 --> 00:58:50,240
to others who have experienced this so

1678
00:58:54,150 --> 00:58:52,000
complete healing is the direction i'd

1679
00:58:55,270 --> 00:58:54,160
like to see people moving toward and

1680
00:58:58,710 --> 00:58:55,280
walking toward

1681
00:59:00,230 --> 00:58:58,720
and then changing you know because even

1682
00:59:02,789 --> 00:59:00,240
even the horrible things in life like

1683
00:59:06,470 --> 00:59:02,799
human trafficking although it exists

1684
00:59:09,030 --> 00:59:06,480
and it's horrific now i do believe

1685
00:59:10,069 --> 00:59:09,040
percentage-wise less people are enslaved

1686
00:59:11,589 --> 00:59:10,079
than ever before

1687
00:59:13,349 --> 00:59:11,599
we just have more people on the earth so

1688
00:59:15,030 --> 00:59:13,359

the numbers are bigger so

1689

00:59:17,190 --> 00:59:15,040

i like to think that we're moving in a

1690

00:59:19,990 --> 00:59:17,200

trajectory of making society

1691

00:59:21,589 --> 00:59:20,000

better over time that we're evolving i'd

1692

00:59:22,470 --> 00:59:21,599

like to believe that i'd like to hope

1693

00:59:24,069 --> 00:59:22,480

that but that

1694

00:59:26,069 --> 00:59:24,079

means that we have to get involved that

1695

00:59:28,549 --> 00:59:26,079

means that you know you can't just go

1696

00:59:30,309 --> 00:59:28,559

oh i'm healed it means you have to

1697

00:59:34,710 --> 00:59:30,319

support people who are working

1698

00:59:36,789 --> 00:59:34,720

in in larger arenas

1699

00:59:37,990 --> 00:59:36,799

that's awesome tricia so tell us more

1700

00:59:40,630 --> 00:59:38,000

about um

1701
00:59:41,349 --> 00:59:40,640
some of the work that you're doing uh

1702
00:59:43,990 --> 00:59:41,359
the book

1703
00:59:45,430 --> 00:59:44,000
is is really pretty phenomenal i i can't

1704
00:59:46,789 --> 00:59:45,440
say that i've read the whole thing

1705
00:59:47,510 --> 00:59:46,799
because we kind of came to it kind of

1706
00:59:50,150 --> 00:59:47,520
late

1707
00:59:50,950 --> 00:59:50,160
but some stellar recommendations and it

1708
00:59:54,470 --> 00:59:50,960
looks like

1709
00:59:56,470 --> 00:59:54,480
very very good fun reading but

1710
00:59:57,510 --> 00:59:56,480
you know powerful reading but i want to

1711
01:00:01,270 --> 00:59:57,520
hear more about the

1712
01:00:02,710 --> 01:00:01,280
nde summit and your youtube channel

1713
01:00:04,630 --> 01:00:02,720

and just some of the work that you're

1714

01:00:07,270 --> 01:00:04,640

doing with

1715

01:00:07,750 --> 01:00:07,280

with people in terms of coaching helping

1716

01:00:09,750 --> 01:00:07,760

and

1717

01:00:11,750 --> 01:00:09,760

all of that kind of stuff so tell us

1718

01:00:14,950 --> 01:00:11,760

more what's going on in

1719

01:00:17,190 --> 01:00:14,960

in your world yeah i'm having a ton of

1720

01:00:20,549 --> 01:00:17,200

fun i have a spiritual community

1721

01:00:23,430 --> 01:00:20,559

that meets every other wednesday on zoom

1722

01:00:25,030 --> 01:00:23,440

and i'm giving medium readings kind of

1723

01:00:27,829 --> 01:00:25,040

spontaneous readings because

1724

01:00:28,710 --> 01:00:27,839

i want people to have their own

1725

01:00:31,670 --> 01:00:28,720

intuition

1726

01:00:33,109 --> 01:00:31,680

verified and and upgraded in a sense and

1727

01:00:34,150 --> 01:00:33,119

i think when we just talk about these

1728

01:00:36,390 --> 01:00:34,160

moments and

1729

01:00:37,990 --> 01:00:36,400

and other people understand that they

1730

01:00:39,589 --> 01:00:38,000

have the same ability then their

1731

01:00:41,910 --> 01:00:39,599

intuition is strengthened

1732

01:00:43,670 --> 01:00:41,920

so i love connecting with people and

1733

01:00:46,950 --> 01:00:43,680

that's a ton of fun

1734

01:00:49,270 --> 01:00:46,960

i also for three years have had

1735

01:00:51,030 --> 01:00:49,280

the online near-death experience summit

1736

01:00:53,589 --> 01:00:51,040

where i have speakers come and talk

1737

01:00:55,190 --> 01:00:53,599

this past year it was free and i just

1738

01:00:57,750 --> 01:00:55,200

streamed it on youtube

1739

01:00:59,750 --> 01:00:57,760

on for two days so people thousands of

1740

01:01:00,630 --> 01:00:59,760

people i think 5 000 people viewed the

1741

01:01:03,109 --> 01:01:00,640

first day

1742

01:01:04,710 --> 01:01:03,119

and 4 000 people viewed the second day

1743

01:01:07,030 --> 01:01:04,720

which is just amazing

1744

01:01:07,829 --> 01:01:07,040

and those videos are available for

1745

01:01:10,549 --> 01:01:07,839

purchase

1746

01:01:11,190 --> 01:01:10,559

on on my website i have links for that

1747

01:01:15,589 --> 01:01:11,200

but

1748

01:01:16,309 --> 01:01:15,599

the stories of near-death experiencers i

1749

01:01:17,829 --> 01:01:16,319

didn't think

1750

01:01:19,430 --> 01:01:17,839

that i thought it would just be

1751

01:01:21,030 --> 01:01:19,440

interesting and i'm an experiencer and

1752

01:01:23,510 --> 01:01:21,040

i'll just talk with them but on an

1753

01:01:24,789 --> 01:01:23,520

energetic level i've lived through some

1754

01:01:27,349 --> 01:01:24,799

of their experiences

1755

01:01:28,549 --> 01:01:27,359

and it seeped into my own experience and

1756

01:01:30,470 --> 01:01:28,559

i felt

1757

01:01:32,549 --> 01:01:30,480

this i guess because i just connect on

1758

01:01:34,950 --> 01:01:32,559

that energy level this deepening

1759

01:01:36,549 --> 01:01:34,960

of an understanding of the other side by

1760

01:01:38,230 --> 01:01:36,559

hearing these stories and i know people

1761

01:01:40,069 --> 01:01:38,240

who hear these stories

1762

01:01:41,750 --> 01:01:40,079

do get some of that energy or do get

1763

01:01:42,390 --> 01:01:41,760

that hope and that faith as you talked

1764

01:01:44,950 --> 01:01:42,400

about so

1765

01:01:46,630 --> 01:01:44,960

i think it's important to keep talking

1766

01:01:48,069 --> 01:01:46,640

with near-death experiencers and i i

1767

01:01:48,950 --> 01:01:48,079

think i'm someone who kind of launches

1768

01:01:51,109 --> 01:01:48,960

new voices

1769

01:01:53,270 --> 01:01:51,119

i certainly have interviewed some of the

1770

01:01:54,950 --> 01:01:53,280

famous ones and the well-documented

1771

01:01:57,829 --> 01:01:54,960

near-death experiencers but i love to

1772

01:01:59,270 --> 01:01:57,839

find just ordinary people who

1773

01:02:00,870 --> 01:01:59,280

want to tell their experience for the

1774

01:02:01,430 --> 01:02:00,880

first time and support them on that

1775

01:02:04,950 --> 01:02:01,440

journey

1776

01:02:05,990 --> 01:02:04,960

and remind them of how this may touch

1777

01:02:07,270 --> 01:02:06,000

someone's life and

1778

01:02:09,190 --> 01:02:07,280

and that's a lot of fun too is

1779

01:02:11,029 --> 01:02:09,200

supporting new people young people i'd

1780

01:02:12,710 --> 01:02:11,039

like to continue to interview

1781

01:02:15,270 --> 01:02:12,720

young people since i work with college

1782

01:02:17,190 --> 01:02:15,280

students and and really give them

1783

01:02:19,029 --> 01:02:17,200

that voice and that awareness that they

1784

01:02:20,069 --> 01:02:19,039

may be walking through difficult things

1785

01:02:22,470 --> 01:02:20,079

in life but they'll always

1786

01:02:23,430 --> 01:02:22,480

have their experience as this guiding

1787

01:02:25,910 --> 01:02:23,440

force

1788

01:02:29,109 --> 01:02:25,920

of faster healing faster growth and

1789

01:02:31,430 --> 01:02:29,119

transformation here on the planet

1790

01:02:34,950 --> 01:02:31,440

well that's awesome i really appreciate

1791

01:02:37,430 --> 01:02:34,960

you talking with us today on skeptico in

1792

01:02:39,670 --> 01:02:37,440

best of luck with this very important

1793

01:02:41,829 --> 01:02:39,680

work that you're doing

1794

01:02:43,670 --> 01:02:41,839

well thank you very much and i have

1795

01:02:44,630 --> 01:02:43,680

loved the conversation you took me to

1796

01:02:46,470 --> 01:02:44,640

places i haven't

1797

01:02:48,470 --> 01:02:46,480

been in other interviews so thank you

1798

01:02:50,150 --> 01:02:48,480

for that it's cool

1799

01:02:51,910 --> 01:02:50,160

thanks again to trisha barker for

1800

01:02:53,589 --> 01:02:51,920

joining me today on skeptico

1801

01:02:55,190 --> 01:02:53,599

the one question i guess i tear from

1802

01:02:58,470 --> 01:02:55,200

this interview has to do

1803

01:03:01,750 --> 01:02:58,480

with what we take and what we leave

1804

01:03:03,510 --> 01:03:01,760

behind you know it was really quite a

1805

01:03:07,190 --> 01:03:03,520

profound statement

1806

01:03:10,710 --> 01:03:07,200

i think that trisha made about

1807

01:03:11,670 --> 01:03:10,720

the limits of materialism when it comes

1808

01:03:14,549 --> 01:03:11,680

to

1809

01:03:16,230 --> 01:03:14,559

this extended consciousness realm that

1810

01:03:17,990 --> 01:03:16,240

we transcend into

1811

01:03:19,349 --> 01:03:18,000

after we die if you believe all that

1812

01:03:21,109 --> 01:03:19,359

stuff

1813

01:03:22,870 --> 01:03:21,119

but she had quite a statement to make

1814

01:03:25,589 --> 01:03:22,880

that i think

1815

01:03:26,870 --> 01:03:25,599

kind of resonates with all of us we kind

1816

01:03:28,870 --> 01:03:26,880

of know it's true

1817

01:03:30,309 --> 01:03:28,880

but we don't want to think about it it's

1818

01:03:33,190 --> 01:03:30,319

another spin on the

1819

01:03:34,309 --> 01:03:33,200

you can't take it with you and her spin

1820

01:03:36,789 --> 01:03:34,319

is

1821

01:03:38,150 --> 01:03:36,799

well the one thing you can take with you

1822

01:03:40,710 --> 01:03:38,160

is love

1823

01:03:41,190 --> 01:03:40,720

whoa that's a tough one let me know your

1824

01:03:43,109 --> 01:03:41,200

thoughts

1825

01:03:44,950 --> 01:03:43,119

kind of a question non-question but you

1826

01:03:46,470 --> 01:03:44,960

get the idea let me know your thoughts

1827

01:03:48,630 --> 01:03:46,480

love to hear from you

1828

01:03:49,670 --> 01:03:48,640

as always stay with me more to come in